

Autumn 2024

# Kinship News

## Welcome!

We are Dundee City Council's Kinship Team. In our newsletter, we aim to give you information on upcoming events and opportunities in relation to your caring role. We also want to offer support to you in whatever way we can. Please contact us if there is any support you feel may be beneficial to you, including anything you are worried about or if there are particular parenting topics you would like to know more about. Our duty line is monitored by social workers and support workers in the team, and we aim to get back to callers as soon as possible. Our contact details are on the next page.

We continue to host an informal group that all kinship carers are welcome to attend. The group is currently being held at **Coldside Library (150 Strathmartine Road, Dundee, DD3 7SE)** from **9.30am—11.30am on Thursdays during term-time**. The library is easily accessible by many of the Dundee buses.

The team are in the process of setting up an email mailing list. If you are interested in being included in this and receiving updates via email please let us know and we will get you added to this.



## Relationships Scotland

Relationships Scotland is a Scotland-wide agency that offers a range of services including: Relationship Counselling; Children and Young People's Counselling; Family Therapy; Family Mediation and Child Contact Centre services. The main aim of a child contact centre is to offer a safe, friendly, neutral, child-centred environment for children to meet their non-resident parent or family member. They are designed to be a stepping stone to a more permanent arrangement for future contact. Contact can take place in a supported or supervised way. You can also use the centres to collect and return the children to the other parent/family member at the start and end of visits. Adults do not have to see or speak to each other at contact centres. For more information, please call (01382) 201343 or visit the website: [www.relationships-scotland.org.uk](http://www.relationships-scotland.org.uk)

## Useful Telephone Numbers

### Dundee Carers Centre

01382 200422

### Kinship Care Advice Service for Scotland

0808 800 0006

### Parentline Scotland

08000 28 22 33

### Aberlour

01382 250840

### Citizens Advice Bureau

01382 214633

### Dundee City Council Welfare Rights

01382 431188





Boomerang Community Centre is based in the Stobswell area of Dundee and provides lots of activities. This includes: a toddler play group (Tues-Fri 9:30am-11:30am), cosy cafe (Mon-Fri 10am-11:30am) and a lunch club (Mon-Thurs 12:15pm-1:00pm, cost is £3.50), food larder – no referral needed (Mon, Wed, Fri 10am-12pm), film club, Andy's Man Club, art/craft and cooking classes (for children and adults), bingo, bookbug and various children/youth groups. For more details, phone (01382) 455656 or visit them at 10 Kemback Street, Dundee, DD4 6ET.



RockSolid Youth Project is a community charity working in the East End of Dundee with young people aged 10-18 years. This encourages young people and adults to become more confident by expressing themselves and who they are and become active citizens in their community through various groups and activities that run each week. A youth group runs on Wednesday 4:30pm-6pm for P6-S1 and Friday 4:30pm-6pm for S2-S6. They are based at Douglas & Mid Craigie Parish Church, Balbeggie Place, Dundee, DD4 8RD. Phone (01382) 732322 or email [info@rocksolid.org.uk](mailto:info@rocksolid.org.uk) They also have a Facebook page.



The Lullaby Trust provides expert advice on safer sleep for babies, such as sleeping positions, room temperature, product information (e.g. mattress/bedding, car seats, dummies, slings and swaddling), safer sleep on holiday and the impact of hot/cold weather. They can also provide support for families who have experienced the sudden loss of a baby or young child.  
[www.lullabytrust.org.uk](http://www.lullabytrust.org.uk)

**Dundee City Council  
Kinship Team**  
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Facebook page: search for "Kinship Carers Dundee". This is a private group and you will be added after answering some basic security questions.

