

In Your Neighbourhood

July 2019

Community Learning and Development in Dundee

Scottish Youth Parliament Introducing Dundee's New Reps.

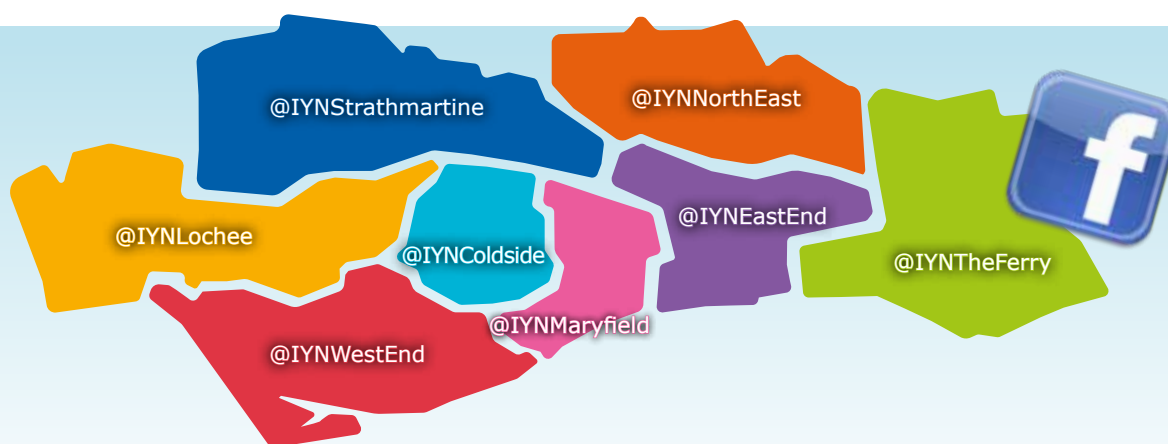
We are pleased to introduce Dundee's Members of Scottish Youth Parliament (MSYP) for 2019 - 2021 as Lucy Angus, Josh Simpson, Revati Campbell & Callum Baird.

The group are excited to take up their seats at the June sitting of the Scottish Youth Parliament. The Scottish Youth Parliament is fundamentally a rights based organisation and recognised as the voice of young people in Scotland.

The Scottish Youth Parliament exists to provide a national platform for young people to discuss the issues that are important to them, and campaign to effect the change they wish to see. Its members listen to and recognise the issues that are most important to young people and ensure that their voices are heard by decision-makers.

Over the next few months, with support from CLD Youth Work staff Lucy, Josh, Revati and Callum will be out and about visiting youth groups across the city.

You can follow the work of Dundee's MSYP's on Twitter **@DundeeCityMSYPs**



All activities are free unless stated otherwise. All venues are accessible wherever possible. If you have accessibility needs please contact the group before attending to discuss your requirements.

Assisting English for Speakers of Other Languages (ESOL) Learners at Mitchell Street Centre

A big congratulations and thanks to Ronnie Wallace on being nominated for the volunteer awards 2019.

Ronnie found out about the volunteering opportunity through a Jobshop at Arthurstone Library roughly 1 one year ago and has been assisting tutors in English classes since then.

"It is a real privilege to work with the ESOL team, the learners are so enthusiastic and have a great knowledge of life and many different experiences to share. The tutors I work with are fantastic, always bringing something new to the classes and making it easy for the class to understand."



Ronnie Wallace (centre, back row) with ESOL Yellow group

West End Community Groups

Communities Officers support a wide range of community groups across the city. Detailed below are some current opportunities in the West End ward.

Contact your local Communities Officer to find out how you can get involved across the city. Call **435808** or email **mitchellstreetcentre@dundeecity.gov.uk**

West End Community Spirit Action Group

meets monthly on the first Wednesday of the month in Tullideph Sheltered Lounge, Tullideph Place at 6.30pm.

This group meet to discuss issues in the community and highlight these to Dundee City Council and other appropriate authorities. They also take the lead on organising two 'community walkabouts' per year which give residents an opportunity to point out any suggestions for improvement to council officers and local councillors. Each month, a speaker attends the meeting to give information and take any questions; recent speakers have included; Police Scotland who did a talk around scams and how to spot them, City Church who outlined some of work they do for the local community and Dundee City Council Waste Management team who outlined the recent changes to waste collection in the area.

This group represents the north of the West End ward including; Pentland, Ancrum and Polepark areas. Please note that this group does not meet in July and August. The **next meeting** will be held on **4th September at 6.30pm in Tullideph Sheltered Housing Lounge.**

West End Community Council

West End Community Council meet on **2nd Tuesday of the month at 7pm** in **Logie and St. Johns Church** (the community council do not meet in July or August).

Elections for new community councillors will take place later this year.

More information can be found on the community council Facebook page:
<https://www.facebook.com/DundeeWECC/>

Westfest

Westfest is a huge community event which is held each year on Magdalen Green, normally attracting over 12,000 people from across Dundee and beyond but did you know it is organised by a committee of volunteers?

This year's Westfest big Sunday was held on 2nd June and included a range of children and families activities, live music from local bands, carnival rides and food stalls.

Other key community projects in the West End include; Friends of Magdalen Green, Friends of Balgay, West End Community Sports Hub, Friends of Riverside Nature Park and HERA.

For more information on community organisations in the West End follow IYNWestEnd on Facebook or contact **Vanessa Kelly**, Communities Officer on **435873** or vanessa.kelly@dundeecity.gov.uk.



Photograph © Craig Chalmers Photography.

Activities for Children and Young People			Contact
Mon	5:00-7:00pm	Target Football Session @ Menzieshill Community Centre. Age 14+.	Jim 432967
	6:30-7:30pm	St Mary's Drop-in @ St Mary's Community Facility. Age 10-13.	Nicola 307108
	6:30-8:00pm	Lochee Drop-in @ Lochee Hub. Age 10-18.	Gary 436470
	6:30-8:30pm	Charleston Football Drop-in @ MUGA South Road. Age 10-13.	Chris 432967
	7:30-8:30pm	St Mary's Drop-in @ St Mary's Community Facility. Age 14-16.	Nicola 307108
	7:30-9:00pm	Strathmartine Active Youth @ St Paul's Outdoor Pitches. Age 10-18.	Mark 307112
Tue	3:15-5:30pm	Children's Group @ Charleston Community Centre. Age 5-10.	Elaine 438680
	5:45-6:45pm	Charleston Drop-in @ Charleston Community Centre. Age 10-13.	Chris 432967
	6:30-7:30pm	Kirkton Girl's Group @ Kirkton Community Centre. Age 10-13.	Hellen 436416
	6:30-7:30pm	Girl's Group @ St Mary's Community Facility. Age 10-13.	Nicola 307108
	6:30-8:30pm	Tuesday Night Drop-in @ Menzieshill Community Centre. Age 10 - 18.	Jim 432967
	6:30-8:30pm	Ardler Drop In @ Ardler Complex. Age 10-18.	Linda 307108
	7:00-8:00pm	Charleston Drop-in @ Charleston Community Centre. Age 14-18.	Chris 432967
	7:30-8:30pm	Kirkton Girl's Group @ Kirkton Community Centre. Age 14-18.	Hellen 436416
	7:30-8:30pm	Boy's Group @ St Mary's Community Facility. Age 10-13.	Nicola 307108
Wed	3:15-5:30pm	Children's Group @ Menzieshill Community Centre. Age 5 - 10.	Elaine 438680
	6:00-8:00pm	Lochee Drop-in @ Lochee Hub. Age 10-18.	Gary 436470
	6:00-8:00pm	Girl's Group @ Menzieshill Community Centre. Age 10-13.	Jim 432967
	6:00-8:30pm	Target Football Session @ MUGA Pitch South Road. Age 10-18.	Jim 432967
	6:15-7:30pm	Drop-in @ Kirkton Community Centre. Age 10-13.	Hellen 436416
	6:30-8:00pm	Ardler Football Drop-in @ Ardler Complex. Age 10-18.	Linda 307108
	7:30-8:30pm	Drop-in @ Kirkton Community Centre. Age 14-18.	Hellen 436416
	7:30-9:00pm	Strathmartine Active Youth @ St Paul's Outdoor Pitches. Age 10-18.	Mark 307112

Thu	3:15-5:30pm	Children's Group @ Ardler Complex. Age 5-10.	Elaine 438680
	6:30-8:30pm	Thursday Night Drop-in @ Menzieshill Community Centre. Age 10-18.	Jim 432967

Activities for Adults			Contact
Mon	9:00-12 noon	Help with reading, writing and numbers @ Menzieshill Community Centre.	Carmel 435803
	9:30-10:30am	Keep Fit Class @ St Mary's Community Facility.	Emma 07584889448
	10:00-11:00am	Songs, Storybag and Craft @ Ardler Complex Aug 19th – Sept 16th Call Kim to book.	Kim 435872
	10:30-12:30pm	Bridge Café @ The Friary. Free health checks. Every 2 nd week.	Catrina 832863
	10:30 start	Recovery Walking Group @ Lochee Hub. Recovery friendly hill-walking group.	Catrina 832863
	11:00-11:45am	Family Book Bug @ Menzieshill Library. Age 0-5 with parents/carers.	Catriona 436415
	11:00-12 noon	Exercise to Music @ Lochee Hub. £1.50 per class.	Catrina 832863
	11:30-12:30pm	St Mary's Women's Group @ St Mary's Community Facility.	Emma 07584889448
	1:00-2:00pm	Short Health Walk @ Ardler Complex.	Emma 07584889448
	1:00-3:00pm	Computer Skills Support Group @ Lochee Community Hub.	Elspeth 431836 or 07852278509
	1:30 - 2:30pm	Messy Play @ Kirkton Community Centre. Age 0-5 with parents/carers.	Carol 436471
Tue	9:30-12 noon	Jobshop @Ardler Complex.	Kim 435872
	10:00-11:00am	Short Health Walk @ Lochee Library.	Catrina 832863
	10:30-1:30pm	Help with reading, writing and numbers @ Charleston Community Centre.	Rachel 435821
	11:00-1:00pm	Lochee Community Café @ Lochee Parish Church. (Health checks and free head massage).	Catrina 832863
	11:00-1:00pm	Drop-in @Lochee Hub.	Elspeth call/text 07852278509
	1:00 - 2:30pm	Terrific Tots @Kirkton Community Centre. For parents with babies under 9 months. Must be pre-booked – call Carol.	Carol 436471
	2:00-5:00pm	Help with reading, writing and numbers @ Ardler Complex.	Rachel 435821

Activities for Adults continued on next page

Wed	9:00 – 11:00am	Help with reading, writing and numbers @ Kirkton Community Centre.	Rachel 435821
	9:45-11:15am	Baby and Toddler PEEP @ Lochee Library. Call to book.	Elsbeth 431836
	10:00-12:00 noon	Help with reading, writing and numbers @ Ardler Complex.	Carmel 435803
	10:00-12:00 noon	Men’s Group @ St Mary’s Community Church.	Emma 07584889448
	10:00–12 noon	Jobshop @ Kirkton Community Centre.	Annette 432944
	10:00–12 noon	Drop-in (advice, guidance and information) @ St Mary’s Community Church.	Kim 435872
	10:00-1:00pm	Recovery Music Group @ Lochee Parish Church.	Catrina 832863
	11:00-1:00pm	Health Information @ Lochee Hub.	Catrina 832863
	2:00-5:00pm	Help with reading, writing and numbers @ The Attic, Kitkton.	Rachel 435821
Thu	9:30-11:30am	Recovery Social Group @ Lochee Hub.	Catrina 832863
	9:30-11:30am	Help with reading, writing and numbers @ Menzieshill Community Centre.	Carmel 435803
	12:00-1:30pm	St Mary’s Community Café @ St Kildas Church. Health drop-in.	Catrina 832863
	1:00-3:00pm	Kirkton Community Café @ Kirkton Community Centre. Health drop-in.	Catrina 832863
	1:00-3:30pm	Help with reading, writing and numbers @ Lochee Hub.	Carmel 435803
	2:00-3:30pm	D Cafe @ St Mary’s Community Facility 2nd Thursday of each month. Drop in for those affected by Dementia.	Emma 07584889448
Fri	9:30–12 noon	Jobshop @ St Menzieshill Community Centre.	Annette 432944
	9:30–12 noon	Jobshop @ Charleston Community Centre.	Catriona 436415
	9:30–3:00pm	Jobshop @ Lochee Community Hub.	Elsbeth 431836
	9:00-11:00am	Community Drop-in @ Adamson Court, Lochee.	Catrina 832863
	1:00-3:00pm	Help with reading, writing and numbers @ Lochee Hub.	Carmel 435803

HERA (Harris Education & Recreation Association)

HERA offer a variety of evening classes in Harris Academy and Blackness Library. Visit heradundee.wordpress.com for programme information.

For further details contact enquiries@heradundee.org or call **07565951612**.

Lochee Community Hub Support and Advice Drop-In Service

Monday to Friday from 11am to 1pm.

- Money and benefits advice
- Employment support
- Housing matters
- Childcare support
- Health and wellbeing

Call **436704**, or drop in to **118 High Street**.

Dundee Central

Coldside • Maryfield

Activities for Children and Young People			Contact
Mon	6:30-8:30pm	Hilltown Girl's Group @ Hilltown Community Centre. Age 10-18.	Sarah 07985877783
Tue	6:00-7:30pm	Maryfield Young Parent's Group @ Hilltown Community Centre.	Cheryl 07875447588
	6:30-8:30pm	Boy's Group @ Hilltown Community Centre. Closed group, call Sarah.	Sarah 07985877783
Wed	3:30-5:30pm	Primary 6/7 Drop-In @ Hilltown Community Centre. Age 10-12.	Paula 436912
	6:30-8:30pm	Hilltown Drop-In @ Hilltown Community Centre. Age 10-18.	Sarah 07985877783
	6:00-7:00pm	Girl's Drop-In @ Hilltown Community Centre. Age 12-16.	Cheryl 07875447588
	7:00-8:30pm	Wild Ones @ Hilltown Community Centre. Age 15+	Cheryl 07875447588
Thu	8:30-10:00pm	DISC Target Project @ DISC, Mains Loan. Age 10-18.	Allan 07933143743
Fri	3:15 – 5:00pm	Children's Group @ Hilltown Community Centre. Age 5-10. (NEW VENUE)	Elaine 438680
	7:30-10:00pm	Friday Night @ The Shore. Drop in Youth Group. Age 14-18.	Eve 435435
	8:30-10:00pm	DISC Target Project @ DISC, Mains Loan. Age 10-18.	Allan 07933143743

The Corner

Drop-in health services, information and support for young people aged 11 - 19. Opening hours are **Monday to Friday 2pm to 6pm, Saturday 1pm to 4pm**. Call **206060**, e-mail **office.corner@nhs.net** or visit **www.thecorner.co.uk**

SHALA (Stobswell and Hilltown Adult Learning Association)

SHALA offer a range of learning and leisure activities in **Hilltown Community Centre**. For details call **07468104585** or e-mail **stobswell2013@outlook.com**

Activities for Adults			Contact
Mon	10:30 -1:00pm	Men's Cooking and Lunch Group @ Hilltown Community Centre.	Colin 435851/ Rhea 435824
	10:45-11:45am	Tai Chi @ Hilltown Community Centre. £2 per class.	Alison 435837
	11:00-12 noon	Short Health Walk @ Baxter Park Centre.	Alison 435837
	2:00-4:30pm	Help with reading, writing and numbers @ Hilltown Community Centre.	Shirley 435831
	5:30-6:30pm	Fitness and Toning @ United Free Church, Caird Ave. £2 per class.	Alison 435837
Tue	9:30-11:00am	Wellbeing Group @ Hilltown Community Centre.	Alison 435837
	9:30-11:30am	Eat Well Play Well Under 5's Family Group @ Hilltown Community Centre.	Colin 435851 /07908727199
	11:00-12 noon	Short Health Walk @ Baxter Park Centre.	Alison 435837
	1:00-3:00pm	Jobshop @ Arthurstone Library.	Teresa 436920
	2:00-4:30pm	Help with reading, writing and numbers @ Arthurstone Library.	Shirley 435831
5:30-6:30pm	Keep Fit @ United Free Church, Caird Ave. £2 per class.	Alison 435837	
Wed	10:00-3:30pm	Employability Guidance and Advice for Ethnic Minorities @ Central Library.	Nidhi 435817
	11:00-12 noon	Short Health Walk @ Coldside Parish Church.	Alison 435837
	5:30-6:30pm	Body Sculpt @ United Free Church. £2 per class.	Alison 435837
Thu	9:15-10:00am	Healthy Lifestyle Group @ United Free Church, Caird Ave.	Alison 435837
	10:15-11:15am	Keep Fit @ United Free Church, Caird Ave. £2 per class.	Alison 435837
	10:45-12:15pm	Job Shop @ Mitchell Street Centre.	Nidhi 435817
	11:30-12:15pm	Tai Chi @ Hilltown Community Centre. £2 per class.	Alison 435837
	1:30-2:30pm	Short Health Walk @ Dudhope Centre.	Alison 435837
	6:15-7:15pm	Yoga @ United Free Church, Caird Ave.	Alison 435837
Fri	9:30-12noon	Job Shop @ MAXwell Centre.	Colin 435851
	10:00-11:00am	Line Dancing @ Hilltown Community Centre. (NEW VENUE)	Alison 435837
	11:00-12 noon	Short Health Walk @ Baxter Park Centre.	Alison 435837

Activities for Children and Young People			Contact
Mon	3:15-5:30pm	Children's Group @ The Crescent. Age 5-10.	Elaine 438680
	6:30-8:30pm	P7 Douglas Drop-in @ Douglas Community Centre. Age P7 pupils.	Kelsey 433175
	6:30-8:30pm	Monday Finmill Drop-in @ Finmill Centre. Age P7 pupils +.	Carrie 436912
Tue	5:30-6:45pm	Children's Group @ Douglas Community Centre. Age 7-9.	Sharon 436903
	6:30-7:15pm	Dance + Art Group @ Brooksbank Centre. Age P1-P7 pupils.	Bruce 436445
	6:30 - 8:30pm	Tuesday Night Drop in @ Link Up Whitfield. P7 to S4 pupils.	Lesley 436395
	7:00-8:30pm	Boy's Group @ Douglas Community Centre. Age 10+.	Sharon 436903
	7:15-8:30pm	Dance + Art Group @ Brooksbank Centre. Age S1-S6 pupils.	Bruce 436445
Wed	4:15 - 5:45pm	Children's group @ Douglas Community Centre. Age 5-9.	Sharon 436903
	6:00-7:30pm	Girl's Group @ Douglas Community Centre. Age 10-13.	Sharon 436903
	6:00-8:00pm	Ormiston Youth Club @ Ormiston Lounge. Age P7-S4.	Lucy 436959
	6:30-8:00pm	5-9s Children's Group @ Finmill.	Elaine 438680
	7:30-8:30pm	Girl's Group @ Douglas Community Centre. Age 14+.	Sharon 436903
Thu	3:30-5:30pm	Bilingual Youth Group @ Douglas Community Centre. Age 10 - 18.	Lucy 436959
	6:30-8:00pm	East Side Youth Chorus Singing Group @ Douglas Community Centre. Age 10+.	Kelsey 433175
	6:30-8:30pm	Finmill Drop-in @ Finmill Centre. Age P7-S4 pupils.	Carrie 436912
	6:30 - 8:30pm	Douglas Drop-in @ Douglas Community Centre. Age S1 pupils +.	Kelsey 433175
Fri	6:30 - 8:30pm	Ballumbie Sports and Arts Drop-in @ Ballumbie PS. Age P7 - S4 pupils	Carrie 436912
	7:15-9:15pm	FreeKicks Friday Night Football @ Craigie 3G Pitch. Age 10+.	Sharon 436903

Activities for Adults			Contact
Mon	10:00–12 noon	Help with reading, writing and numbers @ The Crescent.	Gill 435821
	1:00–3:00pm	Creative Writing Group @ Finmill Centre.	Alan 438641
	1:00–3:00pm	Jobshop @ Douglas Community Centre.	Claire 438643
	2:00–4:00pm	Healthy Minds Drop-in @ Rainbow House, 2nd and last Monday each month.	Elaine 438589
Tue	9:30–11:30am	Jobshop @ The Crescent.	Caroline 438676
	10.00–12.00pm	Forensic Psychology Open learning Course @ Rowantree P.S.	Claire 438643
	1:00–3:00pm	Root & Branch Community Woodland Group @ Finmill Centre/Middleton Wood.	Alan 438641
Wed	9:00–11:30am	Help with reading, writing and numbers @ Finmill Centre.	Anna 435828
	9:30–12 noon	Jobshop @ Finmill Centre.	Alan 438641
	1:00–3:00pm	Song Writing Group @ Finmill Centre. No previous musical expertise required.	Alan 438641
	1:00–3:00pm	Help with reading, writing and numbers @ Douglas Community Centre.	Gill 435821
Thu	9:30–11:30am	CSI CS Why? CS How (Intro. to Forensics) @ Douglas Community Centre.	Teresa 436920
	9:45–11:30am	Hotwheels Pram Pushing @ The Crescent.	Christine 432569
	10:00–11:00am	Short Health Walk @ Garden Area, Dawson Park.	Elaine 438589
	1:00–3:00pm	Women's Group @ Rainbow House.	Claire 438643
	1:00–3:00pm	Help with reading, writing and numbers @ Douglas Community Centre.	Pam 435804
	1:00–3:00pm	Help with reading, writing and numbers @ The Hub.	Anna 435828
	1:00–3:00pm	Ride On Cycling Group @ Finmill Centre.	Alan 438641
Fri	9:30–12:30pm	Jobshop @ The Hub.	Claire 438643
	1:00–2:30pm	Recovery Friendly Walking Group @ Signpost	Christine 432569
	1:00–3:00pm	Root & Branch Gardening Group @ Murrayfield Allotments.	Alan 438641
	1:00–3:00pm	Help with reading, writing and numbers @ The Hub.	Gill 435821

BERA (Broughty Ferry Education & Recreation Association)

BERA offer a variety of learning and leisure activities in **Grove Academy** and **Forthill Primary School**.

Visit www.beradundee.org.uk or e-mail dundeebera@gmail.com. Please do not contact the schools.

Community Health Team

Short health walks, health checks, health-focused short courses and support for groups that promote positive health and wellbeing.

Full programme available at www.dundeehealth.co.uk



English for Speakers of Other Languages (ESOL)

Learner-centred and flexible part-time English classes. Free of charge, childcare facilities available at Mitchell Street Centre.

Contact Mitchell Street on **435808**.

Guidance

Adult Learning staff offer support and advice to anyone looking for help to return to learning, training or employment.

Call **435808** to make a guidance appointment with your local adult learning worker.

IT 4 Work

Employability training to help develop Digital Skills to search and apply for jobs and to sustain employment where these skills are necessary.

For information on groups available in your local area contact:

Francisco – **435816** or francisco.santiago@dundeecity.gov.uk

Kim – **436314** or kim.lynch@dundeecity.gov.uk

Text: **07985 818019**.



Literacies

Help with reading, writing and numbers.

Call **435844** for information on groups available in your local area.

Spotlight on The Crescent



Healthy Lifestyle Group

Would you like to come along and join in our fun and relaxing Women's Healthy Lifestyle group? We do various activities including arts and crafts, mental health and wellbeing, confidence building and chat over a cup of tea. We also provide crèche provision if booked in advance. All welcome at The Crescent on **Thursdays 1.00-3.00pm** and for more information contact **Caroline Bairner 438676**.

Whitfest

The annual programme of activities "Whitfest" is scheduled to take place from **1st to 5th July** with activities running from the Crescent in Whitfield. Whitfest began many years ago as a Local Management Group arts initiative and has evolved over the years to include many other activities for local families, usually under a theme. Whitfest forms part of the holiday provision in the area. This year the theme is "Environment" with workshops, films and cooking sessions planned.

Find programmes of regular activities for all of our Community Centres on the Dundee City Council website:

[www.dundee.gov.uk/
community-centres-in-dundee](http://www.dundee.gov.uk/community-centres-in-dundee)



Housing Matters

KEEP SAFE

We are about to embark on a 2 year programme to fit 'state of the art' smoke detectors into all council homes.

Please let our fitters have access to your home to allow us to carry out this essential work.



Dundee City Council
Housing Asset Management
West District Housing Office
01382 43 3948

KEEP SAFE

It is the law for us to carry out an **annual gas safety check**. This makes sure you and your neighbours are safe and protected against dangerous carbon monoxide poisoning.

Please let our fitters have access to your home to allow us to carry out this essential work.



Dundee City Council
Housing Asset Management
West District Housing Office, 3 Doctor Street, Dundee
01382 43 3948

safe
Dundee

Disclaimer: all groups and times are correct at time of publishing.

w: iyndundee.wordpress.com

e: mitchellstreetcentre@dundee.gov.uk

t: 435808