

FACTSHEET 21

Help for Parents from Jobcentre Plus

Your JobCentre Plus adviser can tell you about support you can get to help you combine work with looking after children or caring responsibilities.

<https://www.gov.uk/contact-jobcentre-plus>

Help for parents

Parents can get help with childcare costs when moving from benefits to work.

<https://www.gov.uk/help-with-childcare-costs>

Help for carers

Work Preparation Support for Carers provides help and support for you to make a successful move into work, including access to training and advice on job hunting and applications.

You might be able to get help with the cost of replacement care while you take part in training or attend interviews.

For more information on help with moving from Benefits to work go to

<https://www.gov.uk/moving-from-benefits-to-work/help-for-parents-and-carers>

Source: www.gov.uk

For information about childcare services available in Dundee City go to www.families.scot or contact DUNDEE CHILDREN & FAMILIES INFORMATION SERVICE at cis@dundeecity.gov.uk or telephone 01382 433900.

Information is also available on our Dundee pages of the national website where alongside details about childcare services you can also access our Online Directory for further advice, groups, activities and other services available for families locally and nationally

www.families.scot

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Info in this fact sheet last updated 19 July 2019

www.dundeecity.gov.uk/childcare/childcareinfo

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