

However, if you or your child tells the Educational Psychologist something which makes them think your child may be in danger, they may have to share this with another adult who can help. If you are not sure what this means, you can ask the Educational Psychologist about this before you tell them anything.

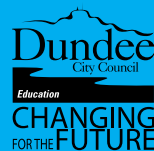
If you have any other questions about what the Educational Psychologist does:

- ask other professionals you are working with like staff in the nursery, your Pre-school Outreach Teacher, your Health Visitor, your child's Speech & Language Therapist
- contact the educational psychologist on the number at the end of this leaflet
- look on our website:  
[www.dundee.gov.uk/deps](http://www.dundee.gov.uk/deps)

The name of the educational psychologist

in

is



## Comments

### Compliments or Complaints

Any comments about the Educational Psychology Service should be made first to the educational psychologist involved. Most concerns or complaints can be resolved at this level but where this is not possible, please contact one of the Depute Principal Educational Psychologists at the address below.

The service will do all that it can to resolve problems. Where this has not been possible then the matter can be referred to the Education Manager (ASN, Educational Psychology and Inclusion) who is based in Dundee House, or online at:  
[www.dundee.gov.uk/corpcomplaints](http://www.dundee.gov.uk/corpcomplaints).

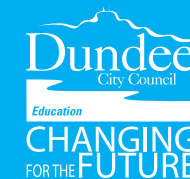
Dundee Educational Psychology Service  
St Ninian's Primary School  
Dochart Terrace, Dundee DD2 4HB  
Tel: 01382 432980  
[dundee.eps@dundee.gov.uk](mailto:dundee.eps@dundee.gov.uk)  
[www.dundee.gov.uk/deps](http://www.dundee.gov.uk/deps)

This information is made available in large print or in an alternative format that meets your needs.	
Chinese	欲知詳情, 請致電: 01382 435825
Russian	Более подробную информацию можно получить позвонив по телефону: 01382 435825
Urdu	مزید معلومات کے لئے برائے مہربانی 01382 435825 پھون کریں۔
Polish	po dalszą informację zadzwoń pod numer 01382 435825
Alternative Formats	For further information please contact the issuer of this publication



## Dundee Educational Psychology Service

Information for  
parents/carers of  
children under 5 years

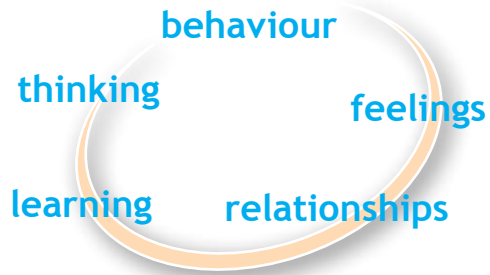


...you can do so much more **ONLINE** at...  
[dundee.gov.uk](http://dundee.gov.uk)



## What is psychology?

Psychology tries to help us understand ...



## What is an educational psychologist?

An Educational Psychologist is part of a team of people who work in the community, in nurseries, schools and other learning centres to support children and their families.

They are trained in psychology and child development and use this to help things go better for children.

## Why has the educational psychologist been asked to help?

Usually the Educational Psychologist is asked to become involved because the adults close to a child or young person want to understand more about what might be happening and what might help things go better.

## What might the educational psychologist help with?

Educational Psychologists help when things are not going as well as they could be for your child. Like when your child:-

- feels angry or upset
- is finding it difficult to make or get on with friends
- is not making the progress we would hope for in a particular area of development
- is moving into nursery or primary 1 and might need some additional support to make sure this goes well

## What will happen?

When the Educational Psychologist is asked to be involved, they might:

- talk to you and other people who know your child well, to gather more information
- spend some time in the nursery to see how your child plays and gets along with others. If your child is not yet at nursery the educational psychologist may visit you at home
- talk to your child
- read stories or take part in play activities with your child to find out a bit more about them.

The psychologist might not do all the things on the list above; sometimes they might just do one or two.

Once the Educational Psychologist has collected more information they will talk with you and others about what everyone can do next to help things to be better.

Once a plan has been agreed, the Educational Psychologist will usually continue to talk with the people involved to check if what everyone is doing is working or whether doing something different would be more helpful.

## What will it be like to meet the educational psychologist?

The Educational Psychologist knows that sometimes it is hard to talk about what you are thinking or feeling. They will want to help you feel as comfortable as possible. They will take time to listen carefully to what you want to say.

If the Educational Psychologist speaks to you on your own they will check what you are happy for them to share with other people involved.

