

Summer 2024

# Kinship News

## Welcome!

We are Dundee City Council's Kinship Team. In our newsletter, we aim to give you information on upcoming events and opportunities in relation to your caring role. We also want to offer support to you in whatever way we can. Please contact us if there is any support you feel may be beneficial to you, including anything you are worried about or if there are particular parenting topics you would like to know more about. Our contact details are on the next page.

We continue to host an informal group that all kinship carers are welcome to attend. The group is currently being held at **Coldside Library (150 Strathmartine Road, Dundee, DD3 7SE)** from **9.30am—11.30am on Thursdays during term-time**. The library is easily accessible by many of the Dundee buses.

During the summer school holidays we are hoping to have some meet ups and we will put details of these on our facebook page. You can also contact the team if you would like more information about this.

## Activities Around Dundee

### Youth Games Group — Ages 5+

This group is run by Boomerang, is free to attend and includes board games, consoles and more. It is located at the Boomerang Community Centre at 10 Kemback Street on Wednesdays 4pm—5.30pm. Phone Boomerang on 01382 455656 for more information.

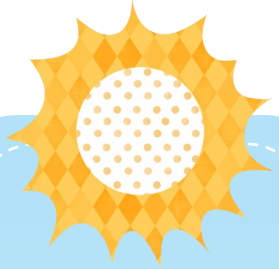


### The Yard — Various Ages

This is a centre open to children who have experience of disability. The yard is expanding its provision to include kinship families. This play service is open to the whole family, including siblings and parents/carers. There are a variety of activities for children from assault courses and bikes, sand and water play, to dress-up, crafts and baking. There are workers present to run specific activities with the children, which allows parents/carers to have a chance to grab a coffee and chat with friends, safe in the knowledge the children are having fun in a safe setting. These play sessions run every Sunday from 10:30am-3:30pm, all year round. There will also be additional sessions during the week over the school summer holidays. For more information, please contact The Yard on 07593 585 636 or email: [info@theyardscotland.org.uk](mailto:info@theyardscotland.org.uk).

### Instrument Library — Various Ages

This free scheme through Dundee Libraries offers a variety of services. Instrument loans are available for all ages. There are also workshops and group lessons for 8-16 year olds. For more information, please contact 01382 431528 or pop into Dundee Central Library in the Wellgate Shopping Centre.



## Useful telephone numbers

### Dundee Carers Centre

01382 200422

### Kinship Care Advice Service for Scotland

0808 800 0006

### Parentline Scotland

08000 28 22 33

### Kith and Kin

01382 456012

### Citizens Advice Bureau

01382 214633

### Welfare Rights

01382 431188





## Advice and Support for Carers

### Kinship Care Advice Service for Scotland (KCASS)

KCASS have a YouTube channel that has lots of useful videos on topics that kinship carers may find helpful. These include: managing parental contact; the Children's Hearing System; legal issues; supports in primary and secondary school; welfare benefits; calming methods for use with children; understanding trauma and helping children with this; self-care for kinship carers. Just type "kinship care advice service for Scotland" in the YouTube search bar to find it. Their website also has lots of useful information on topics such as life story work and education: [www.kinship.scot](http://www.kinship.scot)

## ENQUIRE


### Enquire

Enquire is the Scottish advice and information service for children's rights to additional support for learning. This independent agency aims to help children of any age and their parents/carers to understand children's rights to support for learning in schools and nurseries. They can also share practical tips to help families and schools work together and solve problems if they come up. They can also help you find local education and support services or give advice on how to deal with attendance issues or exclusions. You can call the helpline on 0345 123 2303 or visit [www.enquire.org.uk](http://www.enquire.org.uk)



### NHS Community Listening Service

Many of us find it helpful to talk, especially during stressful events at home or work, or after a bereavement or loss. The Community Listening Service provides 50 minute appointments with fully trained listeners on the phone or face-to-face within your GP practice. These appointments are confidential and available Monday-Friday 9am-5pm, with the first appointment usually being given within a couple of weeks. You must be registered with a Tayside GP practice to access this service. Call 01382 423116 or text 0796 777 1941 or email [tay.listening@nhs.scot](mailto:tay.listening@nhs.scot) for more information or to book an appointment.



Kinship Team  
Email: [kinshipcare@dundeecity.gov.uk](mailto:kinshipcare@dundeecity.gov.uk)  
Phone: (01382) 433646  
Facebook page: search for "Kinship Carers Dundee". This is a private group and you will be added after answering some basic security questions.

We also have a new facebook page—Dundee Kinship Team. Please give our page a like.



## Teen Ranch Scotland

Teen Ranch is a Christian based youth activity centre. The camp allows young people to experience a variety of different activities such as canoeing, BMX, archery, trampolining, horse riding and more. The camp offers residential stays during school holidays, usually Monday to Friday. The camp, which is based in a Georgian Mansion in the countryside of Perthshire close to Dundee, can accommodate up to sixty-eight campers. Teen Ranch is a suitable environment for young people ranging from 10-17 years old. Children and young people in kinship care may be eligible for subsidised places for teen ranch.

For more information about Teen Ranch, their website is [www.teenranch.scot](http://www.teenranch.scot). For information about subsidised places for kinship children, please contact the kinship team as we can make a referral for the child/young person you are looking after.