



**REPORT TO: PERFORMANCE & AUDIT COMMITTEE – 1 FEBRUARY 2023**  
**REPORT ON: MENTAL HEALTH SERVICES INDICATORS**  
**REPORT BY: CHIEF FINANCE OFFICER**  
**REPORT NO: PAC2-2023**

**1.0 PURPOSE OF REPORT**

The purpose of this report is to seek approval of a proposed suite of indicators summarising performance in delegated Mental Health services for scrutiny and assurance that will form the basis of future six-monthly performance reports to the Performance and Audit Committee.

**2.0 RECOMMENDATIONS**

It is recommended that the Performance & Audit Committee (PAC):

- 2.1 Notes and approves the proposed suite of indicators outlined in section 5 and Appendix 1.
- 2.2 Notes the intention to further develop the proposed suite of indicators into a full 6-monthly performance report for submission to PAC on an ongoing basis, in-line with arrangements already in place for Discharge Management and under development for Drug and Alcohol Services (as outlined in section 5.4 of this report).

**3.0 FINANCIAL IMPLICATIONS**

None.

**4.0 BACKGROUND INFORMATION**

- 4.1 Dundee has the 5th highest rate in Scotland of adults (aged 16-64) who reported in the 2011 Census that they lived with a mental health condition. Dundee has a rate of 64 people per 1,000 population compared to 54 for Scotland. Dundee also has 6319 people in the 16-64 age group who identified themselves as having mental health conditions; this is 6.4% of the 16 to 64 population. The gender balance for mental health conditions is similar to the Scottish average. There is a higher prevalence of females (57% females: 43% males) and also a higher prevalence in the 35-64 age group.
- 4.2 The Kings Fund review of long-term conditions and mental health reported that those with long-term conditions and co-morbid mental health problems disproportionately lived in deprived areas with access to fewer resources. There is a higher rate of people with mental health conditions living in Lochee, East End and Coldside. East End has more than double the rate of people with a mental health condition, compared with The Ferry.
- 4.3 In the 2011 Census 31% of people with mental health conditions in Dundee rated their health as bad or very bad. There is variation between LCPP (Local Community Planning Partnership) areas in terms of self-reported mental health conditions, ranging from 35% in the East End to 25% in the West End, of people who rated their health as bad or very bad.
- 4.4 In Dundee life expectancy is ten years lower for people with a mental health condition (66.8 years) compared with the general Dundee population (76.8 years).

- 4.5 It is estimated from Scottish Survey data that around a third (33%) of all adults age 16+ in Dundee have a limiting long-term physical or mental health condition. Results from the Scottish Burden of Disease study suggest that the population of Dundee experiences a higher rate of burden of disease (a combined effect of early deaths, and years impacted by living with a health condition) compared with Scotland, for a number of health conditions, including cardiovascular disease, COPD, Mental Health and Substance Use disorders, and diabetes.
- 4.6 The effects of COVID-19 on the population has further widened the social and health inequalities gap and many people are finding it more difficult than ever to cope across many aspects of their life. Engage Dundee identified the most common difficulties reported by respondents during the pandemic were regarding mental health (37%).
- 4.7 Dundee on average has around 70 children on the child protection register at any one time and around one third are placed on the register due to parental mental illness.
- 4.8 Dundee's five-year rate of suicide per 100,000 people stands at 23.9 compared to an average across Scotland of 14.1.

**5.0 PROPOSED SUITE OF MEASUREMENT**

- 5.1 The PAC currently receives a quarterly report to support scrutiny of the National Health and Wellbeing and Measuring Performance Under Integration Indicators. Through regular discussion of these indicators the PAC requested a wider suite of indicators which are also relevant to local priorities and areas for improvement. This report follows the report which was submitted to the November 2022 PAC (article VI of the minute of the meeting of the Performance and Audit Committee held on 23 November 2022 refers) to seek endorsement of a suite of indicators summarising performance in Drug and Alcohol services.
- 5.2 The proposed suite of mental health measures (Appendix 1) for Dundee is intended to provide assurance and allow for scrutiny of mental health services delivering functions delegated to Dundee IJB. The proposed suite of indicators has been developed in collaboration with colleagues who lead and manage services delivering mental health functions. The suite has also been informed by ongoing work to develop a dataset for all community-based mental health services across Tayside to inform NHS Tayside Clinical, Care and Professional Governance requirements and oversight. As both suites of measures develop, appropriate links will be made and systems will be agreed to support a co-ordinated and efficient method of reporting.
- 5.3 Following feedback and approval from the PAC further work will take place to develop these indicators into a standalone performance report which will be submitted every 6 months. This report will follow a similar style and content to the existing Discharge Management report which the PAC has received for several years and will include data, a description of improvement activity and a measurement of the impact of this. Work is ongoing with NHS Tayside Business Support Unit to establish mechanisms to enable regular reporting of data against each indicator to inform the production of the 6-monthly performance report. In all data reports with public accessibility, content and disaggregation is assessed in order to comply with General Data Protection Regulation and ultimately to ensure that individuals cannot be identified.

**6.0 RISK ASSESSMENT**

<b>Risk 1 Description</b>	Risk of the IJB not being sufficiently sighted on performance related to mental health services in Dundee.
<b>Risk Category</b>	Governance, Political
<b>Inherent Risk Level</b>	Likelihood 3 X Impact 3 = Risk Score 9 (High)
<b>Mitigating Actions</b> (including timescales and resources )	<ul style="list-style-type: none"> <li>- Develop a dataset which will provide a suitable level of detail</li> <li>- Agree on the frequency of reporting</li> <li>- Liaise with the NHS Tayside Business Support Unit colleagues to ensure timeous reporting</li> </ul>
<b>Residual Risk Level</b>	Unlikely 2 x Minor 2 = Risk Score 4 (Moderate)
<b>Planned Risk Level</b>	Unlikely 2 x Minor 2 = Risk Score 4 (Moderate)

<b>Approval recommendation</b>	The PAC is recommended to accept the risk levels with the expectation that the mitigating actions are taken forward.
--------------------------------	--

## **7.0 POLICY IMPLICATIONS**

This report has been subject to the Pre-IIA Screening Tool and does not make any recommendations for change to strategy, policy, procedures, services or funding and so has not been subject to an Integrated Impact Assessment. An appropriate senior manager has reviewed and agreed with this assessment.

## **8.0 CONSULTATIONS**

The Chief Officer, Head of Service - Health and Community Care and the Clerk were consulted in the preparation of this report.

## **9.0 BACKGROUND PAPERS**

None.

Dave Berry  
Chief Finance Officer

DATE: 29 December 2022

Lynsey Webster  
Senior Officer, Strategy and Performance

*This page is intentionally left blank*

## Appendix 1 – Proposed Suite of Indicators for Mental Health Services

Indicator	Source / availability
<b>Unscheduled Care</b>	
Number and rate of Mental Health Emergency Admissions for people aged 18-64	By LCPP, Dundee, Scotland and Family Group partnerships. Requested from NHST BSU
Number and rate of Mental Health Emergency Admissions for people aged 65+	By LCPP, Dundee, Scotland and Family Group partnerships. Requested from NHST BSU
Number and rate of Mental Health Emergency Bed Days for people aged 18-64	By LCPP, Dundee, Scotland and Family Group partnerships. Requested from NHST BSU
Number and rate of Mental Health Emergency Bed Days for people aged 65+	By LCPP, Dundee, Scotland and Family Group partnerships. Requested from NHST BSU
Number of A+E attendances with psychiatry diagnosis	Sourced from Mental Health Outpatient Demand and Activity Report to 11 <sup>th</sup> September 2022, produced by NHS T BSU. Ongoing reporting of this data will require an information request to NHST BSU to supply quarterly data back to Q2 2020/21 in order to complete table.
Number of people who have received support from a Navigator	To request from NHST BSU.
Number of avoided emergency admissions supported by the paramedic response vehicle.	To request from SAS
<b>Discharge Management</b>	
Rate of standard delayed discharge from general psychiatry specialty	Reporting would require an information request to the NHS Tayside BSU for quarterly data back to Q2 2020/21 in order to complete table.
Rate of standard delayed discharge from psychiatry of old age specialty	Reporting would require an information request to the NHS Tayside BSU for quarterly data back to Q2 2020/21 in order to complete table.

Rate of complex delayed discharge from general psychiatry specialty	Reporting would require an information request to the NHS Tayside BSU for quarterly data back to Q2 2020/21 in order to complete table.
Rate of complex delayed discharge from psychiatry of old age specialty	Reporting would require an information request to the NHS Tayside BSU for quarterly data back to Q2 2020/21 in order to complete table.
<b>Psychological Therapies</b>	
Number of NEW referrals to psychological therapies (ALL)	Sourced from NHS Tayside Mental Health Outpatient Demand and Activity Report to 11 September 2022, produced by NHS T BSU. Ongoing reporting of this data will require an information request to NHST BSU to supply quarterly data back to Q2 2020/21 for Dundee residents in order to complete table.
% of patients referred to psychological therapies who commences their treatment within 18 weeks of referral (completed waits)	Sourced from NHS Tayside Mental Health Outpatient Demand and Activity Report to 11 September 2022, produced by NHS T BSU. Ongoing reporting of this data will require an information request to NHST BSU to supply quarterly data back to Q2 2020/21 for Dundee residents in order to complete table.
% of patients referred to psychological therapies who commences their treatment within 18 weeks of referral (ongoing waits)	Sourced from NHS Tayside Mental Health Outpatient Demand and Activity Report to 11 September 2022, produced by NHS T BSU. Ongoing reporting of this data will require an information request to NHST BSU to supply quarterly data back to Q2 2020/21 for Dundee residents in order to complete table.
<b>Community Mental Health Team (CMHT)</b>	
Number of new referrals to CMHT (and % accepted)	Sourced from NHS Tayside Mental Health Outpatient Demand and Activity Report to 11 September 2022, produced by NHS T BSU. Ongoing reporting of this data will require an information request to NHST BSU to supply quarterly data back to Q2 2020/21 for Dundee residents in order to complete table.
% of discharged psychiatric in patients followed up by CMHT services within 7 calendar days	Sourced from NHS Tayside Mental Health Quality Indicators – Quality Indicator Submission Template, produced by NHS T BSU at 31 March 2022. Ongoing reporting of this data will require an information request to NHST BSU to supply quarterly data back to Q2 2020/21 for Dundee residents in order to complete table.
Number of community-based mental health appointments offered	To request from NHST BSU
Number of return appointments for every new patient seen.	To request from NHST BSU

Number of people discharged without being seen	To request from NHST BSU (discharged unseen code)
Waiting time indicator in development	Data quality exercise being undertaken and data expected Q1 23/24
<b>Psychiatry of Old Age</b>	
Number of new referrals to Psychiatry of Old Age (and % accepted)	Sourced from NHS Tayside Mental Health Outpatient Demand and Activity Report to 11 September 2022, produced by NHS T BSU. Ongoing reporting of this data will require an information request to NHST BSU to supply quarterly data back to Q2 2020/21 for Dundee residents in order to complete above table.
Number of return appointments for every new patient seen.	To request from NHST BSU
Number of people discharged without being seen	To request from NHST BSU (discharged unseen code)
% of those referred for post diagnostic support who received a minimum 12 months of support	Tayside level data Source: Public Health Scotland
<b>Learning Disability Services</b>	
Number of new referrals to Learning Disability Services (and % accepted)	Sourced from NHS Tayside Mental Health Outpatient Demand and Activity Report to 11 September 2022, produced by NHS T BSU. Ongoing reporting of this data will require an information request to NHST BSU to supply quarterly data back to Q2 2020/21 for Dundee residents in order to complete table.
Number of return appointments for every new patient seen.	To request from NHST BSU
Number of people discharged without being seen	To request from NHST BSU (discharged unseen code)
<b>Mental Health Officer (MHO) Team</b>	

MHO referrals and Assessment	Source: Mosaic
Local authority Guardianship applications	Source: Mosaic
Private Guardianship applications	Source: Mosaic
Emergency detention in hospital (up to 72 hours) (s36)	Source: Mosaic Source: Mosaic
Short term detention in hospital (up to 28 days) (s44)	Source: Mosaic
Compulsory Treatment Orders (s64)	Source: Mosaic
MHO team caseload at period end	Source: Mosaic
MHO unallocated at end of quarter	Source: Mosaic
% unallocated out of all cases	Source: Mosaic