

# DUNDEE CITY COUNCIL

**REPORT TO:** Policy and Resources Committee – 9 September 2002

**REPORT ON:** New Opportunities Funding for PE and Sport

**REPORT BY:** Director of Leisure and Arts  
Director of Education  
Director of Neighbourhood Resources and Development  
Director of Social Work

**REPORT NO:** 678-2002

## **1 PURPOSE OF REPORT**

- 1.1 To consider proposals from the New Opportunities Fund (NOF) Working Group which would be submitted as the Council's bid for additional NOF funding of £2.6m to invest in a programme of activities and facility improvements for PE and sport.

## **2 RECOMMENDATIONS**

- 2.1 It is recommended that members agree to the activity programme projects outlined within this report at section 7.
- 2.2 It is recommended that members agree to the programme of facilities projects outlined in this report at section 8.

## **3 FINANCIAL IMPLICATIONS**

- 3.1 The proposals in this report would be wholly funded by the New Opportunities Funding allocation to Dundee of £2.6m over 3 years.

## **4 EQUAL OPPORTUNITIES IMPLICATIONS**

- 4.1 Equal opportunities implications have been considered in the drawing up of the New Opportunities Fund for PE and Sport bid. Every opportunity has been taken to make Dundee a more family friendly and barrier-free city by the implementation of the proposed programme. Commitment has been made to involve and consult all the target groups on all the issues which will be affecting them. There is a particular emphasis in the programme to work with young girls to increase their level of physical activity which is well below the desired national standards. All programmes will be accessible by people with a disability.

## **5 LOCAL AGENDA 21 IMPLICATIONS**

- 5.1 Local Agenda 21 implications were considered in the drawing up of the New Opportunities Fund for PE and Sport bid. Local needs will be met locally by the provision of the programme. Access to the programme will be available to all and the programme is targeted at improving the general health and well-being of school population in Dundee. Opportunities for culture, leisure and recreation will be readily available to all.

## **6 BACKGROUND**

6.1 The PE and Sport Initiative from the New Opportunities Fund consists of 2 separate but related programmes. The first is for PE and Sport facilities for which Dundee has been awarded £1,465,000 and the second is for PE and Sport activities for which Dundee has been awarded £1,187,539.

6.1.1 The Facilities Programme is for the modernisation or building of facilities with initial funding to promote their use by the community and for outdoor adventure facilities. The Activities Programme consists of two different strands: out of school hours activities and active steps (projects which use sport to divert young people from crime or behaviours likely to lead to crime). The submission deadline for both is 20 September 2002.

6.1.2 In the Activities Programme, the New Opportunities Fund has 6 key outcomes that they require to be met.

- provide more opportunities for children and young people to develop their personality, talent and mental and physical ability to the fullest potential by promoting effective links between learning and sporting and cultural activities
- promoting social inclusion through the provision of sporting and cultural activities
- improve opportunities to increase the levels of physical activity among young people
- establish new links between schools and the communities that encourage young people to enjoy lifelong involvement in sport and cultural activities.
- projects which give sport a central role as part of a holistic approach to tackling youth crime.
- activities that will make a major contribution to delivering the local authority youth crime strategy

6.1.3 At least 40% for the funding must be allocated to the out-of-school hours strand and 40% must go to the Active Steps strand. The remaining 20% can be allocated between either of the two strands. Should the out-of-school hours programme include Active Steps proposals, the percentage of funding can increase accordingly. The Activities Programme is a one-stage application and can start as soon as approval is given in March 2003.

6.1.4 Within the Facilities Programme there are 6 key outcomes which the New opportunities Fund requires to be met in part or in full:-

- improved provision for physical education and sport in schools
- higher standards across the whole school through PE, sport and other forms of structured and unstructured activity (as set out in school development plans)
- better opportunities to increase the levels of physical activity amongst the school-age population and, more generally, local activities (supporting the target level of physical activity for young people and adults)
- improve collaboration (co-operation and partnership) between schools and their communities
- promotion of social inclusion through access to and use of sports facilities by all groups in society
- innovation and best practice in the design and management of the facilities.

- 6.1.5 The beneficiaries of the programme must be children and young people aged 5 to 16 but a wider community benefit or increased use is seen as being critical to all but the smallest of projects. The Facilities bid is seen as being a Stage 1 application. It is projected that we will be informed of its acceptability in March 2003 then move on to a Stage 2 application where more detailed financial and design details will be required. There is not yet a date for this final approval deadline.
- 6.2 Dundee City Council has established Targets and Target groups based on NOF criteria but also the recommendations of the Physical Activity Task Force and Teaching Profession for the 21<sup>st</sup> Century (McCrone) and Dundee's Sport and Physical Recreation Strategy. The NOF bid will substantially help to implement these targets but existing programmes and initiatives will also be realigned to help their implementation. See Appendix 1 for the Targets and Target Groups.

## **7 ACTIVITIES PROGRAMME**

### **7.1 Out of School Hours/Active Steps – Activity Programme and “Passport” Scheme**

To provide a comprehensive Out of School Hours physical activity and sports programme for P1-S2 pupils covering lunch times and evenings. It is seen as an intervention programme to fundamentally improve the basic movement patterns/skills and to increase the physical ability levels of primary school aged children. It will also develop the sports clubs in Dundee as a delivery mechanism to meet the demand generated by the programme. It will provide continuity for pupils in the transition from primary to secondary schools by providing a range of after school sporting activities between 4.00 p.m. and 6.00 p.m. and to aid the provision of sporting activities in the evening between 6.00 p.m. and 8.00 p.m. by developing strong school to community sport club links. The successful Passport Scheme will also be extended with subsidised transport, inclusion of the Easter and Autumn holidays and new activities introduced targeting the 14 – 16 year olds.

### **7.2 Active Steps – Outdoor Adventure Activities Programme**

This will provide taster introductions to adventure activities to Adventure Activities Licensing Agency standards. It will be based on 10 participant groups on a 4-day activity course with 1-day left for instruction, liaison and briefing. There will be courses for 30 weeks per year open to upper Primary and Secondary school children. It will provide connections with Outdoor Sports Clubs and target certain social exclusion groups. It will also include Natural Connections which is a programme of outdoor learning experiences that encourages effort and achievement and promotes an understanding and enjoyment of the natural environment.

### **7.3 Active Steps – Sports Outreach Service**

The Active Steps Programme is targeted at preventing children being involved in crime or preventing the re-offending of youths. The Sports Outreach Service includes the expansion of Kick It Kick Off project and the inclusion of Young Offenders in Mainstream Sport. The Kick It Kick Off project has been successfully working with children and young people at risk of substance mis-use and offending in the community for nearly two years. The aim is to create sporting opportunities for the children and young people after school hours and during school holidays. Dundee Football Club is involved in this programme. The proposal is to provide support to young people who are looked after by the local authority over the school holiday period to get them involved in the rest of the NOF activities programme and the existing sports activities provided by the City Council.

There is also the proposal to have a Sports Outreach Service to provide a mechanism for ensuring inclusion of Young Offenders in mainstream sport and physical activity provision. It attempts to build social inclusion by targeting those whose behaviour can lead to exclusion, being those at risk of offending, drug use or involvement in offending drug use.

A summary of costs is provided at Appendix 3.

## **8 FACILITIES PROGRAMME**

### **8.1 Outdoor Adventure Facilities. Improvements to Ancrum Centre**

Refurbishment of the Ancrum Outdoor Centre. Upgrading of the Central Reception area, refurbishment of stores, re-design of the under ski slope storage. The re-laying and extension of the dry ski slope and the installation of a teaching and training artificial climbing wall. Also upgrading of the existing lecture facility.

### **8.2 Improved provision for physical education in Schools. Playground improvements**

The aim here is to provide equipment which will encourage physical activity for Primary School pupils. A pack of equipment for playground games and activities will be provided to all schools and 10 schools will have additional large equipment installed in the playgrounds i.e. low climbing facilities, balance beams, table tennis tables, trim tracks. These will be designed to each particular site and aligned to related proposals under the activities programme.

### **8.3 Increased levels of Physical Activity. Gymnastics storage improvements at Lynch Sports Centre.**

The aim here is to increase the number of participants and the levels of gymnastic performance within Dundee and through this increase the number of girls participating in sport and physical activity on a regular basis. To implement this it is proposed to provide additional storage areas at the Lynch Sports Centre which is currently acting as a focus for gymnastics activity in Dundee.

### **8.4 Increased levels of Physical Activity. BMX/In-line/Skateboarding new provision throughout the City.**

The aim is to provide skateboarding/in-line skating/BMX facilities in Dundee to increase the range of sporting facilities available to youths and in turn increase the number of young people that are physically active. Objectives are to build an outdoor skateboard area in the City Centre to provide a facility for the youths that presently skateboard and in-line skate and cycle their bikes in the City Centre. Also to provide 2 local facilities as Neighbourhood Skate Parks and to support the Gate Fellowship in the development of Factory II facility which is an indoor purpose-built skateboard/in-line/BMX centre proposed to be built in Mid Craigie.

### **8.5 Improvement between schools and their communities. Community Access Improvements to Baldrigon Academy**

The aim of this project is to develop a pilot project for mixed school and community use at a Secondary School sports hall and swimming pool as well as wet sports and external dry sports. Improvements to the access and changing accommodation at Baldrigon Academy would be undertaken as well as upgrades of the changing facilities for the wet sports and improvements to other changing facilities so that they can be used for external dry sports. Also improvements to the storage at the Dance Studio so more community use can be undertaken. This will include new access arrangements to the school and a new car park.

**8.6 Increased levels of Physical Activity. Meeting Room at Dundee International Sports Complex**

The aim is to produce a meeting room for use by sports clubs and national governing bodies during events, activity programmes and training and development sessions. It will also be utilised for training purposes by clubs and staff and for schools between 9.00 a.m. and 4.00 p.m. It will attract additional activities including training and coach development to be undertaken at DISC by local groups, sports clubs and national governing bodies.

**8.7 Increased levels of Physical Activity. Resurfacing of Athletics Running Track at Caird Park**

The aim is to provide a stadium of a high enough standard to meet the needs of athletics in Dundee and is capable of being awarded a full events licence. At the present moment the Running Track at Caird Park Stadium only has a part events licence with a requirement for an annual re-check due to the poor standard of the running track. The track re-surfacing will give it a 15 year lifespan.

**8.8 Increased Levels of Physical Activity – Multiuse surfaces on the Green Circular**

The aim is to provide in-line skating/ skateboarding facilities in Dundee to increase the range of sporting facilities available to the youth of Dundee and in turn increase the number of youths physically active. The objective is to provide a series of areas where in-line skaters and skateboards can go to practice in a safe environment. This would be provided by re-surfacing sections of the Green Circular and providing kerbing and a few small ramps, rails etc that fit within the environment and do not detract from the pedestrian and cyclists usage of the Green Circular. They would function as a series of starter areas and practice areas.

**8.9 Increased Levels of Physical Activity. Ward Road gym**

This is a central city sports venue comprising a two badminton court gym and changing facilities. It is proposed to be bought and run by a Limited Company with charitable status set up by the user groups of Dundee Table Tennis Association and netball clubs.

A funding package consisting of support from Trusts, sportscotland, charities, lottery and private funds is currently being developed. This will enable the refurbishment and development of the facilities to secure the continued availability and expansion of city centre sports facilities for young people.

- 8.10 Bidders are encouraged to include a reserve list of projects costed at 25% of the notional allocation bid. There is no guarantee that the reserve list projects will be supported with additional funding from NOF. If, however, funding is made available the reserve list project could proceed. It is recommended that the following project be put forward.

**Increased levels of Physical Activity. Two New, 7-a-side Artificial Pitches**

The provision of two 7-a-side artificial surfaced pitches in separate locations within Dundee. The aim is to provide more time for training and games to be played of football and hockey and any other sport that is suitable as promoted by the NOF Activity Programme. The locations would be finalised in association with the new pitch provision from the Education PPP to give an even spread of 7-a-side provision throughout the city.

A Summary of costs is provided at Appendix 3.

## 9 OTHER PROJECT BIDS

Dundee City Council has received requests from the following organisations requesting funding from Dundee's New Opportunities Fund application:-

- **Scottish Athletics** wish to create local athletic partnerships throughout Scotland, more in-service courses for teachers of athletics, launch a new programme of coaches deployed in schools and develop athletics throughout Scotland.
- **Scottish Centres** has requested 2.5% of the total funding allocation to modernise and upgrade their facilities.
- **Scottish Golf Union** has requested to be involved in developing a liaison between the City and the National Golf Academy, developing in-house training for teachers, senior pupils and volunteers to teach the rudiments of golf and providing partnerships locally with Golf Clubs and Development Officers.
- **Scottish Disability Sport** has requested the creation of sustainable after-school and weekend multi-sport activities, appropriate disability specific participation opportunities at local levels, the appointment of support facilitators, the introduction of training and education for existing teachers, the creation of Easter, Summer, and October week sports camps for young people with a disability and the development of appropriate disability sport resource material.
- **The Royal Scottish Country Dance Society** has written in to request the inclusion of a Scottish Country Dancing with the out-of-schools activity programme and the distribution of their Dance Scottish resource pack to all schools.
- **The Scottish Hockey Union Ltd** has requested that they assist in the advice and provision on the size and type of hockey surfaces to be included in the bid, that hockey is included in the after-school hours programme and that teacher in-service and coach education programmes on hockey are undertaken. They also wish to create links with local sports clubs.
- **Scottish Cycling** has requested the promotion of cycling and cycle sports within the NOF programme in Dundee.
- **Handball Scotland** has requested the start up of a team in Dundee and the provision of training for referee exams.
- **Basketball Scotland** has provided information on their new business strategy and their national development plan for basketball and requested its inclusion in the NOF programme.
- **The Scottish Rugby Union plc** has requested to help in the creation, development and implementation of suitable rugby community-based sports projects.

9.2 The City Council is supportive of many of the external bodies and the projects which they are seeking to progress. However, given the range and quality of bids contained in this report, it is reluctantly concluded that funding is not available to support these projects directly. Nonetheless, the broad based activity and facility programmes proposed will encourage greater participation in many of the sports and activities which these bodies represent.

## 10 CONSULTATION

- 10.1 Dundee City Council is acting as the lead organisation for the bid and will be submitting the application forms. It is being progressed via a steering group in the City Council which includes Leisure and Arts, Education, Social Work and Neighbourhood Resources and Development Departments. Consultation will be undertaken by this group with a wide range of consultees. The group membership is identified at Appendix 4. Please see Appendix 2 for a list of organisations and individuals who will be consulted before the bid is submitted.
- 10.2 The Chief Executive, Director of Support Services, Director of Finance and Director of Corporate Planning have been consulted and are in agreement with the contents of this report.

Director of Leisure and Arts \_\_\_\_\_ Date \_\_\_\_\_

Director of Education \_\_\_\_\_ Date \_\_\_\_\_

Director of Neighbourhood Resources \_\_\_\_\_ Date \_\_\_\_\_

Director of Social Work \_\_\_\_\_ Date \_\_\_\_\_

**NEW OPPORTUNITIES FUND**

**Targets**

- 80% of young people to accumulate one hour of physical activity per day
- To build early skills and competencies which will encourage later participation
- To improve activity levels for girls
- To raise achievement through healthy activity and cultivate positive behaviour
- To build social inclusion both by taking early measures to maintain inclusion and by targeting the excluded
- To improve collaboration between schools and their communities
- To provide diversionary activities to stop young people from entering into criminal activities

**Target Groups**

- Primary 1 to Primary 4 – early intervention to build positive activity patterns and avoid exclusion
- Upper Primary and Early Secondary (P6 to S2) to support transition ensure continuance of PE and Sport and build sport development and physical activity pathways for integration with the school, community and local sports clubs.
- Girls – to reduce gender differences and address the rapid drop in activity amongst girls from Primary onwards
- Potentially socially excluded – aims should be to prevent exclusion developing and maintain participation in activities with the peer group through early intervention
- Integrate children with a disability into mainstream programmes



**NOF PE AND SPORT - CONSULTATION LIST**

**Education Department**

- School Sport Coordinators (All Secondary Schools)
- Active Primary School Coordinators (St Johns and Craigie Cluster)
- Primary School Head Teachers
- Secondary School Head Teachers
- Principle Teachers PE Network
- Dundee Out of School Hours Network
- Pupil Council
- Visiting Specialists PE
- Dundee Child Care Partnership

**Leisure & Arts Department**

- Sports Development Unit
- Tayside Sports Development Group
- Tayside & Fife Institute of Sport
- Perth & Kinross Leisure Company
- Angus Council

**Social Work Department**

- Children's Services Management Team
- Children's Services Strategic Planning Group
- Child Health Strategy Group

**Dundee City Sports Council**

**Dundee City Disability Sport**

**Dundee College**

**Dundee University**

**University of Abertay**

**Dundee Dance Partnership**

**Sportscotland**

**Healthy Dundee**

**Youth Justice Group**

**Tayside Police**

## **ORGANISATION**

**Children's Panel**

**Procurator Fiscal**

**Dundee Youth Work Alliance**

**Dundee Association of Local Management Groups**

**Dundee Youth Work Strategic Group**

**Adventure Activities Licensing Agency**

**Scottish Advisory Panel Outdoor Education**

**Specialist Outdoor Adventure Activities Clubs Tayside**

**Sports Clubs Dundee**

**Coaching Panels**

### **Governing Bodies**

- Adventure Activities
- Gymnastics
- Athletics
- Hockey
- Football
- Basketball
- Rugby

**Youth Voice Dundee**

**Local Forums Youth Work**

**Dundee Partnership (Social Inclusion Co-Ordination)**

**Xplore Partnership**

**The Corner Health & Information Project**

**Dundee Youth Enquiry Service Co-Ordination Group**

**Young Scot (Dundee)**

**NEW OPPORTUNITIES FUND: SUMMARY OF PROJECTS**

|          | <b>Activities Programme</b>   | <b>£</b>         |
|----------|---|------------------|
| <b>1</b> | Out of School Hours/Active Steps – Activity Programme and 'Passport' Scheme | 827,269          |
| <b>2</b> | Active Steps – Outdoor Adventure Activities Programme                       | 145,000          |
| <b>3</b> | Active Steps – Sports Outreach Service                                      | 215,270          |
|          | <b>Total</b>  | <b>1,187,539</b> |

|          | <b>Facilities Programme</b>   | <b>£</b>         |
|----------|---|------------------|
| <b>1</b> | Outdoor Adventure Activities. Improvements to Ancrum Centre   | 164,000          |
| <b>2</b> | Improved provision for physical education in schools. Playground improvements at 10 schools @ £20k each.            | 200,000          |
| <b>3</b> | Increased levels of Physical Activity. Gymnastics storage improvements at Lynch Sports Centre.                      | 80,000           |
| <b>4</b> | Increased levels of Physical Activity. BMX/IN-line/Skateboarding new provision throughout the city.                 | 230,000          |
| <b>5</b> | Improvement between schools and their communities. Community Access improvements to Baldragon Community School.     | 360,000          |
| <b>6</b> | Increased levels of Physical Activity. Club Development with a new clubroom at Dundee International Sports Complex. | 40,000           |
| <b>7</b> | Increased levels of Physical Activity. Resurfacing of Athletics Running Track at Caird Park                         | 241,000          |
| <b>8</b> | Increased levels of Physical Activity. Multiuse surfaces on Green Circular.   | 110,000          |
| <b>9</b> | Increased levels of Physical Activity. Development of Ward Road Gym   | 40,000           |
|          | <b>Total</b>  | <b>1,465,000</b> |

|   | Reserve List   | £        |
|---|--|----------|
| 1 | Increased levels of Physical Activity. Two, new, artificial, 7-a-side pitches. | £385,000 |

**NOF WORKING GROUP MEMBERSHIP**

- Steve Grimmond, Leisure and Arts (Chair)
- Anne Wilson, Education
- Audrey Morrison, Leisure and Arts
- Derek Aitken, Youth Justice
- Glen Taylor, Education
- Jenni Tocher, Social Work
- Jim Green, Architectural Services
- Merrill Smith, Leisure and Arts
- Tony Boffey, Neighbourhood Resources and Development