

ITEM No ...3.....

REPORT TO: CHILDREN AND FAMILIES SERVICES COMMITTEE – 6 DECEMBER 2021
REPORT ON: YOUNG CARERS
REPORT BY: EXECUTIVE DIRECTOR OF CHILDREN AND FAMILIES SERVICE
REPORT NO: 290-2021

1.0 PURPOSE OF REPORT

1.1 This report provides members with an update of progress made in the last year on the Council's continued support to Young Carers, including how support has been adapted during the Covid-19 pandemic. It also outlines the revised strategy, A Caring Dundee 2021-24, which was approved by the Integration Joint Board on 27 October 2021.

2.0 RECOMMENDATIONS

2.1 It is recommended that members:

- i. note the continued progress made in supporting Young Carers (Appendix 2) over the last 12 months
- ii. note and approve the revised Strategy A Caring Dundee 2021-24 for their interest. The revised Strategy was also approved by the Integration Joint Board on 27 October 2021 (Appendix 3)
- iii. instruct the Executive Director of Children & Families Service to provide a further update report on the implementation of A Caring Dundee 2 in 12 months.

3.0 FINANCIAL IMPLICATIONS

3.1 The Scottish Government has provided additional funding to Integration Joint Boards for the implementation of the Carers (Scotland) Act 2016. In 2021-22, the total funding for both Young and Adult Carers is £946k.

3.2 The Integration Joint Board (IJB) provides funding from its delegated budget to Dundee Carers Centre for the provision of information and support to carers which includes support to young carers. The Children and Families Service also received £107,600 in 2021-22 to further support the coordination of services and Young Carer's Support Plans.

4.0 CARERS (SCOTLAND) ACT 2016

4.1 The Carers (Scotland) Act 2016 was enacted on 1 April 2018. The Act imposed new legal duties on Local Authorities and Health Boards in relation to both Young and Adult Carers. It defines a carer as anyone who provides, or intends to provide, care for another person, noting that carers can be any age and may be parents, spouses, grandparents, daughters, brothers, same sex partners, friends or neighbours of the person being cared for.

4.2 The Act states Local Authorities have a duty to offer and provide what it describes as 'Young Carer Statements'. This is effectively a support plan developed with and for a Young Carer to overcome any identified barriers created by their caring role and ensure they can achieve positive outcomes. This applies to any child or young person who is under the age of 18 or is still a pupil at school and who provides care to another person.

5.0 LOCAL IMPLEMENTATION

5.1 In Dundee, A Caring Dundee: A Strategic Plan for Supporting Carers in Dundee 2017-2020 was developed jointly by the Children and Families Service, Health and Social Care Partnership, Third Sector and Carers. Collectively, we committed to a shared vision to achieve: *'A Caring Dundee in which all Carers feel listened to, valued and supported so that they feel well and are able to live a life alongside caring'*.

5.2 The Dundee Carers Partnership is co-chaired by HSCP and Carers Centre and draws membership from the Council, a range of other statutory organisations, the Third Sector

and representatives of carers. It leads partnership work in relation to carers of all ages, with a sub-group on Young Carers co-chaired by the Children and Families Service and Carers Centre. During late 2019 and early 2020 the Carers Partnership completed a review of 'A Caring Dundee' and concluded that a fully revised strategy should be prepared. This has since been completed and as noted 'A Caring Dundee 2 2021-24' was approved by the Integration Joint Board on 27 October 2021.

5.3 The approach towards Young Carers prioritises co-production, early identification and support through jointly coordinated work in all primary and secondary schools. A case study highlighting the benefits of the approach is attached as Appendix 1. The approach has attracted national interest, including from Education Scotland with Baldrigon Academy pupils leading a workshop at a national learning exchange in November 2021.

6.0 DEVELOPMENTS OVER THE LAST 12 MONTHS

6.1 The emphasis on co-production has continued to be at the heart of the approach. In order to promote a consistent approach within schools and cement learning from developments, a template partnership agreement was completed for use by the Carers Centre and all secondary schools, outlining minimum expectations on the contribution of partners to identification and support. Within this framework, approaches include:

- 31 Young Carer Ambassadors now act as volunteers to inform and contribute towards approaches in every secondary school, alongside Carers Centre and school staff.
- Young Carers Co-produced a new leaflet to assist other Young Carers and their families to self-identify. This is now available in all schools and on the Carers of Dundee Website
- Co-production of peer education resources to deliver awareness raising sessions in primary schools and a new resource pack, to be launched in November 2021
- Learning from a Young Carers Statement test is embedded within new GIRFEC resources and framework
- Peer support groups for Young Carers are now run jointly by Ambassadors and staff in all secondary schools and in an increasing number of primary schools

6.2 Further approaches towards awareness raising have included the development of an eLearning Young Carers Workforce Module. Over 180 individuals have undertaken this module to date and ongoing development is being undertaken by school guidance teams. The Carers of Dundee website has also been developed as a one stop shop, providing information, advice, support, toolkits and other resources for professionals and families.

6.3 As a result of this and related work, the number of Young Carers identified and receiving support since the Act was introduced has increased markedly, from 65 in September 2018, to 208 in August 2019 and 298 in August 2020. By September 2021, 483 Young Carers were identified in schools and noted on recording systems. The awareness raising, co-production and peer support is promoting cultural change in identification and support.

6.4 The emphasis on early intervention has meant that the majority have had their needs met through support in schools and in partnership with the Carers Centre. In addition, 36 Young Carers have also had a formal Young Carer Statement completed in the past year. To provide respite and enable Young Carers to engage with community activities, 93 have also accessed a Short Break via the Carers Centre.

6.5 In order to promote supported transitions between primary and secondary school and from secondary school to positive destinations, Young Carers are also now able to access dedicated transition support. In partnership with Dundee & Angus College, all identified Young Carers moving on to college received tailored support via the Carers Centre and the College Student Support Team.

7.0 COVID 19

7.1 The Covid-19 pandemic had a significant impact on carers of all ages, in particular Young Carers for whom school is a respite from providing support. The impact of the pandemic also meant they were often required to carry out additional caring roles. Partners therefore worked closely to ensure that all identified Young Carers were treated as priority young people and able to access the Community Support Centres throughout periods of lockdown.

- 7.2 Virtual Hubs, broadcast via Facebook Live, replaced information and awareness raising sessions; the Carers Centre continued to provide remote support via Attend Anywhere and GSuite; and many school support groups met online. Young Carer Ambassadors also continued to be recruited through this period and attended their induction training online. Carers Centre staff returned to schools to support work when they opened again.
- 7.3 As Young Carers reported being uneasy about being challenged while undertaking essential tasks like picking up prescriptions and going to the supermarket, we were the first in Scotland to introduce an e-card so they would be recognised as carers carrying out an essential caring role. The approach has been shared with other carer organisations and replicated for adult carers. Comments from Young Carers and their families during the pandemic have included:
- “Becoming a young carer ambassador is important to me because I want to be able to help people and make people aware that there are people who are young carers in school but it’s nothing to be ashamed of”. Young Carer
 - “Thank you so much for the laptop for N to do their schoolwork on while we are in lockdown. They are really missing school and we struggled to get him on the sites. They love school and playing Sumdog too. Thanks again for the funding”. Parent
- 7.4 As a further example of the partnership response to maintain support to Young Carers, in the run up to Young Carers Action Day the Carers Centre, Schools, Dundee and Angus College and The Corner were able to pool resources to identify 651 distinct Young Carers and provide them with health and wellbeing boxes in March 2021. As we go through the stages of recovery, the impact of the pandemic continues to be monitored.

8.0 A Caring Dundee 2 2021-24

- 8.1 A Caring Dundee 2 is a revision of the previous Dundee Carers Strategy ‘A Caring Dundee’ and has been similarly developed through co-design principles. It sets out the actions by which the Carers Partnership will deliver on their vision and improve outcomes for carers of all ages. This includes learning from carers experiences and monitoring and mitigating the impact of the pandemic, as well as continuing to support existing carers.
- 8.2 Significant structures that have supported the process of co-design are the Carers Partnership, which includes representation from Young Carers; Dundee Carers Voice and Young Carers Voice; Carers Blethers; and the Carers (Workforce) Network. In addition, specific engagement opportunities have been arranged around particular topics, such as a Covid-19 engagement exercise with carers.

9.0 Vision and Priorities

- 9.1 The vision set out in A caring Dundee (2017) has been further developed in order to confirm the overall strategic direction for the 2021-24 strategy: *“A Caring Dundee in which all carers are heard, valued, understood and supported so that they are well and are able to have a life of their own.”* The new strategy identifies four strategic outcomes to support the delivery of this shared vision over the next three years:
- I am heard, recognised, respected and I am able to be involved.
 - I am supported to have the best possible caring experience.
 - I can live a full and healthy life.
 - I can have a life of my own and I can balance the caring role in my life.
- 9.2 The strategy notes that the Carers Partnership will develop a Delivery Plan that will include further detail of planned actions to deliver and measure intended outcomes. The Carers Partnership will evaluate progress on an annual basis using agreed measures. It is intended that progress with these actions and their impact on Young Carers will form the basis of the 12 month annual report to Elected Members.

10.0 Publication and Dissemination

- 10.1 As part of continued awareness raising, A Caring Dundee 2 will be fully formatted for publication on the Partnership website and electronically distributed to Community Planning

Partners. A summary version of the strategy will be produced and the Carers Partnership will plan publication and distribution of this version with specific attention to targeting carers who live within or provide care within Dundee.

11.0 GOING FORWARD

11.1 As we move through the recovery process and Young Carers return to school post-lockdown, school coordinators and link workers are available to support as before. The increased number of school ambassadors offers peer support adding to existing practice. Children's Social Work teams are also identifying champions to enhance the support available to Young Carers engaged with those teams.

11.2 Annual updates will continue to be reported to the Children and Families Committee and the IJB through the Carers Partnership and Young Carers Sub-Group. Working in partnership with Young Carers Voice the Subgroup is currently planning a citywide celebration of the skills and achievements of Young Carers on Young Carers Action Day in March 2022.

12.0 POLICY IMPLICATIONS

12.1 This report has been subject to an assessment of any impact on equality and diversity, fairness and poverty, environment and corporate risk. A copy of the Impact Assessment is available on the Council's website at www.dundee.gov.uk/jia/reports.

13.0 CONSULTATIONS

13.1 The Council Management Team have been consulted in the preparation of this report.

14.0 BACKGROUND PAPERS

14.1 None.

Paul Clancy, Executive Director

Mark MacAulay, Service Manager

October 2021

Case Study - Example of early intervention, support and moving on to becoming a young volunteer:

T is a young carer for their single parent who has cancer. Through 1:1 support T applied for Short Breaks funding for a games console so they could pursue their gaming hobby. Initially T went home at lunchtime every day to check on their parent over time this reduced to 3 times per week.

T spoke to their Guidance Teacher, so the school could understand the extent of their caring role and support their attendance. Through accessing day trips through the Carers Centre summer programme, T made friends and developed confidence in group settings, taking on a leadership role in some groups.

T then went on residential with the Carers Centre which was a big milestone in feeling able to leave their parent overnight. T accesses group support in school and is a Young Carer Ambassador in school, taking a leadership role in raising awareness of and supporting young carers in their school as well as feeding into decision making processes for young carers.

T makes newly identified young carers in their school feel at ease in the group and also contributes to supporting citywide events for young carers – T feels proud to undertake this role and make a difference.

Operational Guidelines - Young Carer Support

These guidelines are to provide you with practical instructions in regards to young carer support and young carer statements. These should be used in conjunction with the attached framework which outlines the national eligibility for young carer support against the SHANARRI outcomes. The leaflet, support for carers in schools, will also provide practical advice and guidance.

The Young Carer Co-ordinator has responsibility within the school for developing work, alongside the Link Worker from the Carers Centre, to increase the number of young carers identified and ensure there are opportunities for support.

The named person is ensuring co-ordination and implementation of a young carer statement where required.

Identified Young Carer

Where a young carer is identified you (named person) must ensure that the member of staff with the best relationship with this young person (young carer co-ordinator, guidance teacher, school & family development worker), has a conversation to understand to what level the caring role has an impact on their day to day life and ability to participate in education.

The level of impact identified during this conversation will determine the next stages of intervention:

Level 1 (Green – low or no impact)

- Tick the box on the authority tab on SEEMIS to indicate this young person is a young carer
- Record any relevant details in the pastoral notes including any reasonable adjustments made to support the young carer in school (eg agreed a later start time/alternative homework arrangements)
- Provide the young carer and their family with a copy of the young carer in schools policy, leaflet and information on any drop in or group opportunities available in school for young carers including details of the Carers Centre link worker, and when they are in school

Level 2 (Amber – moderate impact)

- Complete all the actions at level 1, move to level 2 if the young person needs additional support from more than one agency
- Support the young carer to complete a young carer statement workbook with the support of the worker they have the best relationship with (eg Young Carer Co-ordinator, Dundee Carers Centre Link Worker, Guidance Teacher, School & Family Development Worker)
- Hold an informal meeting with those people the young carer has identified as important to their support – this may include family members, friends, Dundee Carers Centre, other agencies providing support to the young person/family – but should be co-ordinated and chaired by the named person.
- In addition to the young carers in school's policy a range of information about the supports and resources available to support young carers are available on the Carers of Dundee website
- Record this meeting on the (Wellbeing Plan – Education) – on Mosaic. This form has been adapted to include all the legal requirements of a young carer statement.
- Ensure you tick the box on SEEMIS to indicate this young person has a young carer statement
- Set a date and time to review the impact of the plan with the young carer and their family. This should at a minimum be before the end of the current school year.
- The young carer workbook should be stored securely in the PPR

Level 3 (Critical/Substantial Impact)

It is likely that those young carers at level 3 are involved in more complex TATC processes which are around wider issues than solely the impact of being a young carer. In this context:

- The lead professional should ensure that a young carer statement is completed as part of the Level 3 process
- The lead professional should delegate the preparation of the statement to a person with whom the young carer has an established relationship
- The process of preparing the statement should follow the processes in Level 2
- The young carer statement should be noted as an action point on a wider agenda, but there is no requirement to go into full details at the wider meeting
- The lead professional should ensure the elements of the (Wellbeing Plan) relating to young carers are filled out to ensure it meets all the legal requirements of a young carer statements

- The named person should ensure that the box on SEEMIS is ticked to indicate this young person also has a young carer statement
- The young carer workbook should be stored securely in the PPR
- A range of resources and information on supports available for young carers can be found on the Carers of Dundee website
- Where the young carer's needs are critical or substantial and cannot be met by the existing resources of the Children & Families Dept they are eligible for a funded statement (and the following process should be followed)
- The young carer statement should be regularly reviewed as part of the ongoing Level 3



A Caring Dundee 2

A Strategic Plan for Working Alongside

Supporting and Improving the Lives of Carers

in Dundee

2021-2024



Welcome to Dundee Carers Strategy 2021-2024

This Plan follows on from the foundations laid by the previous local Carers Strategy; building on the achievements of this and continuing to maintain A Caring Dundee.

Contents

3	Foreword
4	Introduction
5	The definition of Carer
6	Engagement
7	The Vision
7	Carers in Dundee
7	Relevant Local Plans
8	Core Principles
9	Carers Resources
9	<ul style="list-style-type: none"> • Support for Young Carers
10	<ul style="list-style-type: none"> <ul style="list-style-type: none"> ○ A Carers Story-Keep well
10	
13	<ul style="list-style-type: none"> • Support for Adult Carers
14	<ul style="list-style-type: none"> • Short Breaks • Support for the Child or Adult a Carer looks after
16	Strategic Outcomes for Carers in Dundee
18	<ul style="list-style-type: none"> • Carer Strategic Outcome 1 <ul style="list-style-type: none"> ○ Ways will the Vision be achieved ○ A Carers Story ‘T’
20	<ul style="list-style-type: none"> • Carer Strategic Outcome 2 <ul style="list-style-type: none"> ○ Ways the Vision will be achieved ○ A Carers Story ‘S’
22	<ul style="list-style-type: none"> • Carer Strategic Outcome 3 <ul style="list-style-type: none"> ○ Ways the Vision will be achieved ○ A Carers Story ‘G’
24	<ul style="list-style-type: none"> • Carer Strategic Outcome 4 <ul style="list-style-type: none"> ○ Ways the Vision will be achieved ○ A Carers Story ‘A’
26	Monitoring Future Progress
27	Next Steps
28	Background and Reference Information

Foreword

We are delighted to present our local Carers Strategy. This plan has been developed in partnership with Carers across the City. Carers in Dundee, collectively and individually, have co-created 'A Caring Dundee 2' which embodies the commitment of Dundee Integration Joint Board (DIJB) and partners in the Third Sector, Independent Sector, and Dundee City Council to ensuring that Carers in Dundee get the right support at the right time. This commitment continues to be a very real and striking priority as we know the recent Covid Pandemic has had a significant and substantial impact on the role, responsibilities and wellbeing of Carers in the City. We acknowledge that a growing number of Carers have continued to give vital care and support throughout the crisis to partners, family members and friends.

Carers are a significant part of day to day life in our City and in our local communities. The Dundee Carers Partnership provides local Carers with a mechanism to ensure agencies across the City work together to develop plans and to make them a reality. Carers are involved, consulted, listened to and heard by key agencies across Dundee with the support of the Dundee Carers Partnership. The IJB, through the Health and Social Care Partnership, have a pivotal role in endorsing and supporting the plans and developments that Dundee Carers Partnership makes and ensuring delivery of relevant legislation including The Carers (Scotland) Act (2016).

The aim is that this strategy will benefit Carers of all ages in Dundee. The demography of our caring population is diverse, and caring is part of day to day life for many local people at different points in their life. This plan was developed with Carers taking into account their experiences, home circumstances and family life. The intention in this strategy is to make plans to act on matters that are important across many Dundee Carers, as well as planning specific action, as needed for Carers whose issues are less common but have a major impact for them and the person they care for.

This Strategy provides a framework for a Delivery Plan that will be developed with local Carers and agencies to ensure that the Strategic Vision becomes a reality. We look forward to hearing from local Carers about how best to make sure that 'A Caring Dundee 2' has the greatest possible impact on outcomes for local Carers and those they support and care for.

Vicky Irons

Ken Lynn

Martyn Sloan

Introduction

In Dundee, unpaid Carers make a significant and vital contribution by supporting the people they look after and care for. The support Carers give is immeasurable and unsurpassable. Throughout the COVID pandemic, Carers have continued to support those they care for. After the onset of the pandemic there were many new Carers, undertaking this role for the first time and others taking on new roles and additional responsibilities. The enormity of impact that the pandemic has had on Carers in the City is becoming more evident and more will become known about this impact as the City moves on. This strategy is for Carers living in and caring in Dundee.

Under the Carers (Scotland) Act 2016 there is a responsibility (or duty) for Local authorities to prepare a Local Carer Strategy. The direction taken for the Dundee 'local' Carers Strategy will reflect Carers priorities and continue to provide all Carers with an opportunity to shape and influence how they and the people they care for are supported in Dundee. The purpose of this Strategy is to describe how work will continue with Carers to develop future supports and services.

This Plan is a revision of the previous Dundee Carers Strategy 'A Caring Dundee' which was developed through listening to the views and experiences of local Carers. This Plan sets out the approach and actions by which the Dundee Carers Partnership will deliver on their vision and outcomes for Carers living in Dundee and Carers caring for people in Dundee. It describes how implementation of the Carers (Scotland) Act 2016 will progress further using the learning from Carers experiences seek to mitigate the impact of the COVID pandemic on Carers in the City as well as continuing to support existing plans for Carers.

The Strategic Planning Advisory Group of Dundee Integration Joint Board have responsibility for implementing the Strategic and Commissioning Plan (SCP¹) 2019-22. The Dundee Carers Strategy is part of the work endorsed and supported by the SCP.

It is anticipated that, during the lead up to the National Care Service introduction in 2026, there will be information gathered and future plans made that will impact on Carers and approaches overall to social care across Scotland. In addition to this there will be Carers whose Personal Outcomes are likely to be positively impacted by the introduction of Scotland's Social Security System which aims to improve benefits for Carers, disabled people and people with ill health.

Work with Young Carers continues to be underpinned by the 'Getting it right for every child' (GIRFEC)² which promotes a preventative and early intervention approach. This approach ensures that planned actions and support to children and young people resulting from this

¹ The current SCP is due to end on 31 March 2022, however the SPAG have recently noted the impact to date of the COVID-19 pandemic on the ability to deliver the SCP in the way planned.

² GIRFEC is the national approach in Scotland to improving outcomes for children and young people and supporting their wellbeing by offering the right help at the right time from the right people.

Local Carers Strategy focusses on ensuring that children and young people are supported to achieve the best possible outcomes in life. Contributors to this Plan recognise that Young Carers are children first and foremost, and are seeking and to reduce and eliminate any negative impact of caring on their life.

The definition of Carer

The Carers (Scotland) Act 2016 identifies a Carer as someone “who provides or intends to provide care for another individual”. Carers who are the intended target of this Local Carer Strategy include:

- Anyone who supports (plans to support) a friend, partner or family member of any age who is affected by long term illness, disability, frailty, mental health or alcohol or drug use.
- Individuals who give this support who also receive Carers Allowance or Kinship Care payments³ as well as those who do not these allowances.
- Adults, children and young people who share the care and support of someone with others including other unpaid Carers and paid care workers

Carers are part of every community and culture and can be any age. Although other people in the City may benefit from some of the actions and plans made as a result of this Strategy (e.g. Foster Carers⁴ looking after a child with Additional Support Needs/ disability, and people who give care and support on a paid basis or as part of employment or voluntary work) these people are not the main focus of this plan.

A Young Carer is defined as a child or young person under the age of 18 (or 18 and still at school) who has a significant role in looking after someone in their household/family network. There are some children and young people who may not have any direct caring responsibilities, who experience many of the effects of a caring situation. The Dundee Carers Partnership recognises these young people as ‘affected by care responsibilities’ and acknowledge that support planned through the Carers Partnership may be needed to address the impact on the outcomes for these young people.

Engagement

The information in this strategy and the plans made reflect the ongoing and extensive involvement of Carers, the workforce and other stakeholders over the last few years in Dundee. Dundee Carers Partnership support a process of ongoing participation and involvement with Carers and stakeholders. Significant structures that have supported this are Dundee Carers Voice and Young Carers Voice as well as Carers Blethers and the Carers (workforce) Network. (Carers Voice and Carers Blethers are not meeting at present and

³ A Kinship Carer is defined as an extended family member or close friend who looks after a child, if they cannot remain with their birth parents.)

⁴ Foster Carers are not covered by Carers Act and plans for this area are made through Children and Families Service

Carers are developing new engagement structures and methods along with Dundee Carers Centre). Specific engagement opportunities are arranged around particular topics, an example of this being the Covid-19 Engagement exercise with Carers.

In November 2019, Dundee Carers Partnership facilitated a development session to identify key priorities for implementing the next Local Carers Strategy and involvement of members in planning and supporting the overall co-design of this work. The further development of the strategy was then delayed as the Pandemic and lock down affected us world-wide.

Engagement and participation have continued both formally and informally. The Carers Partnership has continued to optimise opportunities to hear from, listen to and find ways to support Carers.

Information from the Performance Reports of the Dundee Carers Partnership (2017-2019 and draft 2020-2021); as well as the recent Desktop Review of Carers and Covid research along with the findings from the Carers Covid Engagement in Dundee have significantly influenced future plans for and with carers in the City and have been fully considered in the development of 'A Caring Dundee 2'

It has been recognised that like many members of the Public just now Carers feel "surveyed" out. The Engagement at this stage of the Strategy has been kept to a minimum. Virtual (and Face to face) focus groups were organised to establish and confirm the direction of travel for this strategy. The Focus Groups were supported by several local organisations and included Carers as well as some people who had support from Carers. The Draft Strategy was circulated broadly to stakeholders and a range of individuals and agencies prepared responses and their comments have shaped the Strategy and future plans.

The Vision

The vision set out in A Caring Dundee 2017 has been further developed in order to confirm the direction of the 2021-2024 Strategy.

A Caring Dundee in which all Carers are listened to, heard, valued and supported so that they are well and are able to have a life of their own.

Carers in Dundee

The current population of Dundee is thought to be just under 150,000 people. It is estimated that there are over 27,000 Carers of all ages in Dundee, this is an increase since the onset of the Pandemic of over 6,000. Carers UK figures⁵ identify that across the country 78% of Carers were reporting a greater responsibility than prior to March 2020. It is estimated that there may be 29,000 young carers in Scotland and that Young Carers make up 4% of the under 16 population. This could indicate that there are more than 1000 Young Carers in

⁵ <https://www.carersuk.org/scotland/news/facts-and-figures>

Dundee. The number of named Young Carers (Under 18) are currently identified as actively caring in Dundee in 2021 is over 650.

A specific Carers Needs Assessment Report is currently being developed the draft of which has informed the work of this plan. The Plan is also informed by the Strategic Needs Assessment Information that is collected as part of Integrated Strategic Planning for Health and Social Care in Dundee.

A Caring Dundee 2 has been informed by relevant local and national information including about Carers and Young Carers and information about how the pandemic has impacted local people.

Relevant Local Plans

Dundee Health and Social Care Strategic and Commissioning Plan 2019-2022 makes a commitment 'to recognising the immeasurable positive contribution Carers provide and to ensuring that the role of Carers remains integral to all that we do.'

The Pandemic has delayed work to update The Tayside Plan for Children, Young People and Families 2017 – 2020. Children and Families Services in Dundee, and across Tayside, have been working together as part of Tayside Children's Collaborative to update the Tayside Plan. One of the Priorities Working Groups of this Plan aims is to "Ensure Young Carers are identified, provided with support, and assisted to manage appropriate caring responsibilities".

'The Promise Scotland' is responsible for driving local work for Children and Young People following the National Independent Care Review. This is expected to influence local work and plans over the next 10 years and has already done this through the Dundee Partnership Promise 2021-2023.

Core Principles

Across Dundee we listen to and work with Carers in accordance with the Health and Social Care Standards⁶ prioritising and respecting people and their choices when they seek support.

The Equal Partners in Care (EPiC) principles developed by [NHS Education for Scotland](#) (NES) and the [Scottish Social Services Council](#) (SSSC) are embodied in local plans, actions and direct work with Carers. This strategy embeds the Equal Partners in Care (EPiC) core principles: Carers are identified; Carers are supported and empowered to manage their caring role; Carers are enabled to have a life outside of caring; Carers are free from disadvantage and discrimination related to their caring role; Carers are fully engaged in the planning of services; Carers are recognised and valued as equal partners in care. These shown in Figure 1.



**Health and
Social Care
Standards**
My support, my life.



Figure 1

Carers Resources

Support for Young Carers

Support to Young Carers is part of the 'Getting it Right for Every Child' (GIRFEC) approach in Dundee, which improves outcomes and supports the wellbeing of children and young people by providing the right support at the right time. For more information on GIRFEC in Dundee please go to www.dundeeprotectschildren.co.uk

Some children and young people who are Young Carers are assessed as having Additional Support Needs and where there is a need for coordination of support this is done through the TATC (Team Around The Child) process and a Child's Plan may be created to coordinate and monitor outcomes.

Schools in Dundee have a designated Young Carer Coordinator, an Education employee, who works closely with identified link workers (from Dundee Carers Centre) to support the needs of Young Carers. The Co-ordinators ensure other school staff are aware of any concerns that may impact on the engagement and participation of the Young Carer in School commitments and activities. In some schools the Co-ordinators facilitate a Young Carers group allowing a safe space for Young Carers to share views, advice and mutual support and

Some local Young Carers shared what they thought the Carers Strategy should address:

- Young Carer Identification needs to be in a safe and comfortable environment, with people they trust.
- Young people don't always feel comfortable telling people they are a young carer, it needs to be someone they trust and know.
- When identified they do feel respected and involved especially within school support and through young carers projects and groups. Having a young carer after school group is really helpful.
- It is good to have someone within the school to talk about aspects of the caring role e.g. balancing school work with caring role; the anxiety or worry about the person they support being okay while they are at school.
- Young Carers want teachers to be more aware of young carers and how demanding a caring role can be especially on trying to balance school and homework.

come together with others experiencing similar caring duties. Every secondary school has a group of young Carers who volunteer as Young Carer Ambassadors. There are currently 32 Young Carer Ambassadors who lead activities for their peers, raising awareness of what it means to be a Young Carer. Dundee City Council Children and Family Service have two Carers Champions who are working with Dundee Carers Centre link workers to develop the Champions role within children's social work teams to better identify and support Young Carers in those settings Young Carer Ambassadors have recently been recruited at Dundee & Angus College to develop this programme beyond Secondary School.

A Carers Story-Keep well

A Carers Centre Short Breaks Broker referred a young man to the Keep Well Community Team for a Keep Well Health and Wellbeing Check. This Young Adult Carer and a 'Keep Well Nurse' had 3 telephone consultations before meeting up face-to-face, on one occasion. The nurse identified that his alcohol intake was above the levels recommended by Health experts. He had limited physical activity, as well as an irregular eating pattern. He consumed mainly convenience foods or take away meals, enjoyed large portions, and frequently eat foods high in fat and sugar. His intake of fruit and vegetable was also less than the recommended. His BMI and waist measurements indicated Obesity. He was assessed using a Diabetic Risk Scoring Tool as being at Moderate Risk of developing Type 2 Diabetes. The Carer had experienced symptoms of anxiety since the age of 12 years old, however he indicated improving anxiety levels in the past year. The Nurse offered: Emotional wellbeing support; Alcohol Brief Intervention; Activity advice; Nutritional advice and written information. The Nurse arranged or signposted the Carer to a variety of sources for support including Street Soccer, Amateur Football Team; the NHS Weight loss Plan; the COVID 19 Vaccination Programme and Community Work.

Text message to Nurse from the Carer

"Just want to say being referred to street soccer has made me mentally and physically a better person ...I also want to thank you for how beneficial the diet advice was along with the health check they both helped me understand where I was physically and how to better myself from knowing what I need to eat and what to work on.

Being a Young Carer can be tough as you sometimes have to care for someone else other than yourself so it was great to know how to take care of myself".

Support for Adult Carers

Carers can currently access both formal and informal supports for themselves from a range of resources across Dundee. Personal Outcomes for Adult Carers are described in the

following diagram. Local Carers identified outcomes that were relevant to them these are grouped under outcome domains of Health; Having a Good Lifestyle; Financial Security and Managing the Caring Role. See diagram. (Figure2).



In Dundee it is recommended that Assessment Practitioners complete Adult Carer Support Plans within 90 days of the initial request for these. All known Carers of people who are terminally ill should be **offered an Adult Carer Support Plan or Young Carer Statement within 2 working days** of a person being identified as a relevant Carer. A “**substantive conversation**” should take place with the within **five working days** with **ACSP/YCS within ten working days**.

What is a “substantive” conversation with a Carer?
A “substantive” conversation is about finding out from the Carer what matters to them. This means that the Carer should have time and space to have a meaningful discussion about their current circumstances as well as their own goals and personal outcomes.

that Carers might not achieve their personal outcomes. The lower part of the triangle describes the support that Carers can access directly. When the risk to a Carer achieving their personal outcomes is higher they should access supports at other levels as well. During the Adult Carer Support Plan Process Carers explore their outcomes on a one-to-one basis

with an assessment worker who can identify their eligibility for a funded support plan as well as considering other resources and supports.

Individually Funded Adult Carer Support Plans are available for Carers who meet the Eligibility Criteria for Carers in Dundee; that is, they are identified to be at a very high level of risk to achieving one or more of any of the 4 Carers personal outcomes. Individually Funded Adult Carers Support Plans will be offered as Self-Directed Support where Carers can choose from 4 options in order meet their outcomes. These options include getting the funding to spend on their own support; agreeing their support and asking for this to be paid; having the support arranged or a mixture of these 3 options. Table1 gives information about the type of support that might be available to Carers who live in Dundee as well as Carers who support someone in Dundee. In order to support Carers and help them maintain or reach their personal outcomes there is a wide and varied choice of supports for Carers who do not reach the Eligibility Threshold. Carers who live in Dundee can also access all the supports that are available below the threshold. Responsibility for Adult Carer Support Plans for Carers who live in Dundee but support someone out with Dundee rests with the area the person they support lives in and that areas Carers Eligibility Criteria will be applied.

Triangle of Support for Adult Carers

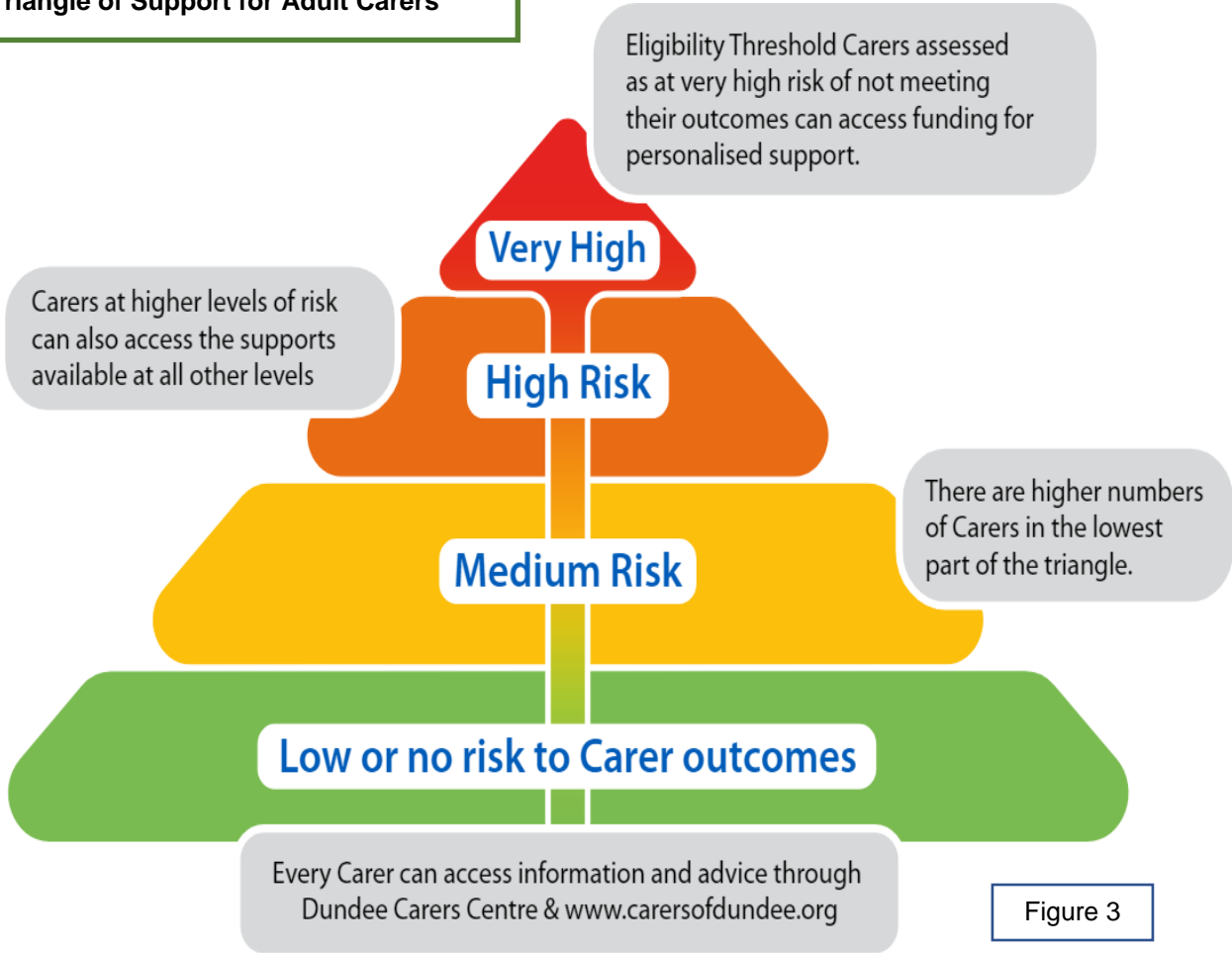


Figure 3

The level of risk to Carer outcomes	Examples of types of support (not exhaustive) Specific Examples given may not all always be available
-------------------------------------	--

Very high risk	Eligible for funded support	Personalised support e.g. Counselling, training for care role/tasks or whatever else that can meet outcomes and is not available in Green, yellow amber stages. Can still access all other supports in other stages to make full package. Advice can be given to Eligible Carers through Self-directed support service at Dundee Carers Centre
High Risk	Direct support & intervention from one or more agency	Support from Community Nurse, Social Care Organiser etc. along with One-to-One support from Carers Agency. Sources of Support, Community Health Service. Can still access all other supports in yellow and green stages to make full package.
Medium risk	Mainstream Carers support that can be accessed directly	Alzheimer's Society, Penumbra Carers Support, Carers cinema Club (Adler Community Centre) Short Break Brokerage. Peer support groups. Can still access all other supports in green stages to make full package. Parent-to-Parent
No/Low Risk	Self-Care, friends and family, Carers agencies like plus other Universally available supports available for all in local community	Local Zumba Class, Mindfulness, Community Centre Social Groups, Welfare Rights/Money Advice. Learning Portal on CarersofDundee. Carers Decide Groupwork National Support on line e.g. Mobilise. Workplace Carers groups. Virtual Hubs. Local Walking Groups, Mindfulness. Volunteering. Dash. Dundee Deaf Hub. Activities in local Community Centre's.
<p>Information and advice are available for all Carers. For contact information for organisations visit carersofdundee.org/organisations/ & www.aliss.org/</p>		

Short Breaks

Planning for Carers to have a break is often interdependent with planning alternative care for the person or people they support. Arranging Short Breaks is a particular example of where this planning must be done jointly. In order to have a break the Carer must be confident about how the supported person is looked after. The Dundee Short Breaks Services Statement⁷ gives more information about short breaks in the city. It may be useful when planning a break to consider the type of rest the Carer is most looking for. Each Carer will have different needs for a break. The following graphic (Figure 4) highlights the types of rest a Carer might be seeking. When planning a short break some Carers may want to address their need for some or all of type of rests at once.

⁷ The Dundee Short Break Service Statement published 2018 -initial review in December 2019 agreed that the Statement will be produced in a more accessible format. This work has been delayed as result of the pandemic.

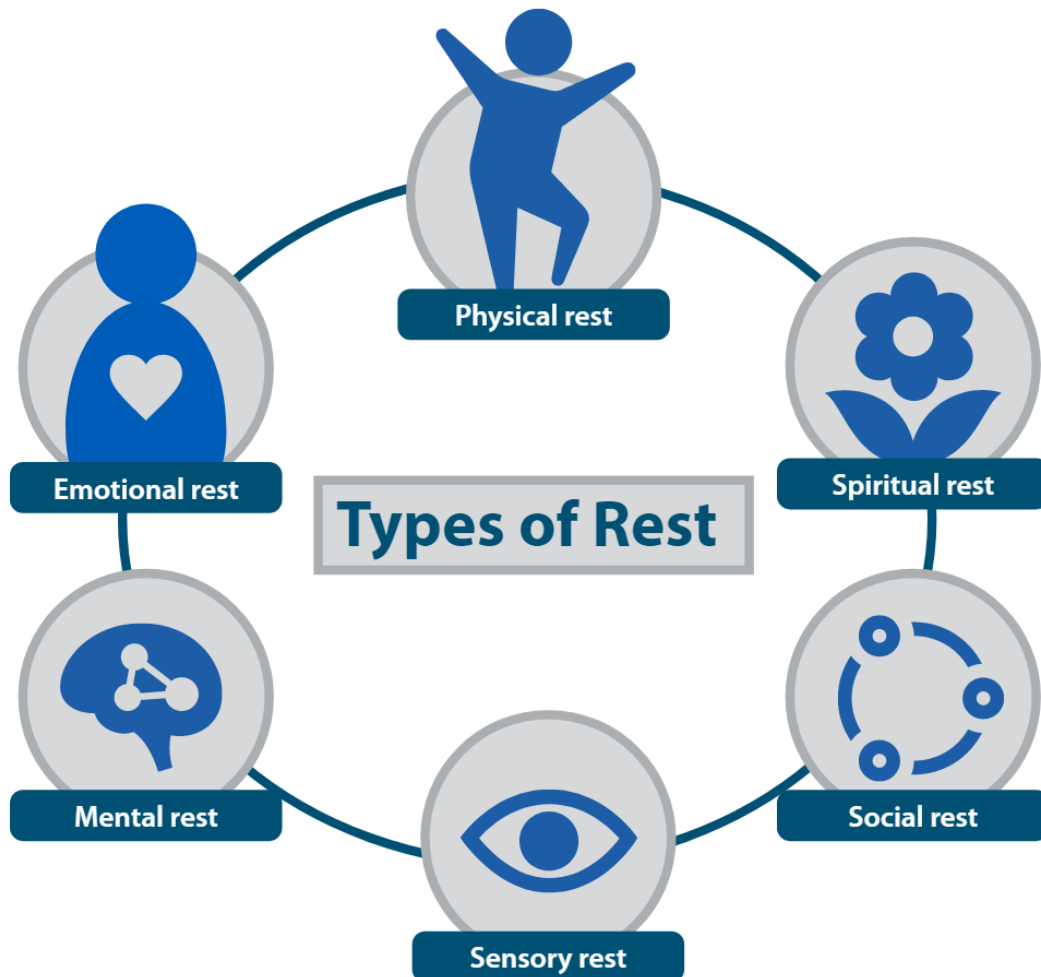


Figure 1

Support for the Child or Adult a Carer looks after


The child or adult that the Carer supports can also be supported by services that may relieve or support their Carer. These would be based on either a Childs Plan for the child with additional support or wellbeing needs or an outcome focussed assessment of the supported adult. Many Carers worry what will happen if the child or adult they care for needs care in an emergency. When a Carer wants to plan with the person they support in case the Carer becomes suddenly unavailable the professionals who are responsible for assessment of the child or adult who the Carer looks after should discuss alternative care and support and help make a plan for this.

Any Carer who is experiencing a crisis and needs additional or emergency support for caring responsibilities they should contact the professionals already working with the person they care for- this could be a named person, school contact, a health care contact or someone in Social Work or Social Care.

Children and young people who have additional support needs the Children and Families Supporting Learners Strategy (www.dundee.gov.uk/additional-support-needs/support-for-learning) supports their needs, as well as the Team Around The Child Framework. For more information visit www.dundee.gov.uk/service-area/children-and-families-service

When a Carer is looking for more support for an adult, if the Carer is unsure of who to contact they should seek advice from the Dundee Health and Social Care Partnership First Contact Team on 01382 434019.

Information about how to get support from Social Work Out-of-Hours services will be given via First Contact Team answer machine service. Further information about resources for the person that the Carer supports are available through Health, Social Care, Social Work and the Third and Independent agencies can be sourced through <https://www.aliss.org/>
Information about supports for Carers and the person they support is available at <https://www.carersofdundee.org.>



'Being a carer is challenging, very challenging at times.'
(A local professional who is a Carer)

'I had honestly never thought about how much I do and the things I know.... it's nice to think about all the learning you've done and how strong you can be...'
(Adult Carer who recently completed an Adult Achievement Award)

When I started getting support I just felt so alone... I honestly felt like I was the only one. Support has helped me see that I'm not."
(Parent carer of a child with Additional Support Needs)

'Feeling someone is taking care of me in a way, allows me to be a carer'
(Carer in 2021 Focus Group on Carers Strategy)

Strategic Outcomes for Carers in Dundee

A Caring Dundee 2017 described four strategic outcomes which are set out in Figure 5.



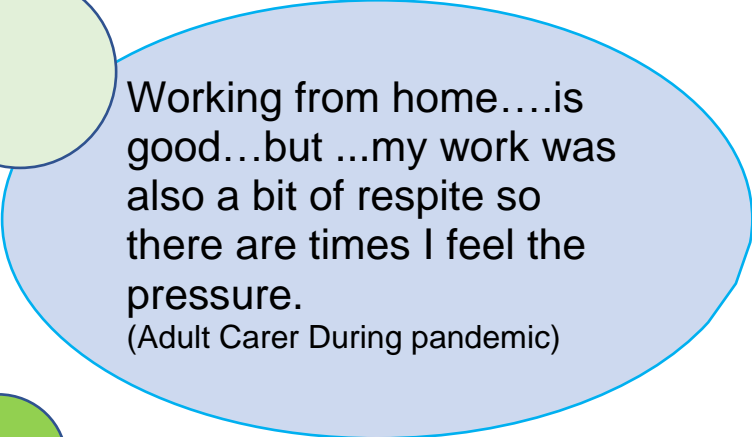
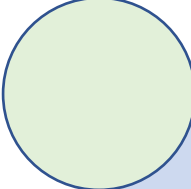
Figure 2

The Carers Performance Reports 2017-2019 and 2019-2021 set out information about the progress made towards these strategic outcomes. Dundee Carers Partnership carried out an engagement exercise to gain a better insight into how Carers circumstances have been impacted by COVID, publishing a report in March 2021. The recommendations from the engagement have been now been aligned with the Strategic Outcomes and will form a key part of the actions in the Delivery plan for the Carer’s Partnership, the wider Health and Social Care Partnership and other stakeholders. The Carers Partnership have started work to implement actions based on the findings and have established workstreams to develop proposals with Carers and stakeholders to address the report recommendations. The agreed

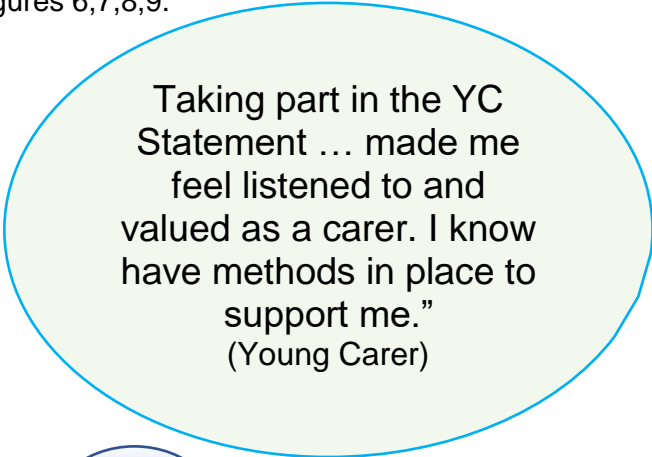
activities and plans resulting from these will be incorporated into the Delivery Plan of this strategy.

Despite many achievements and previous progress, Dundee Carers Partnership know that further work is needed towards reaching the revised vision set out for 'A Caring Dundee 2'. There is a need to continue to maintain the existing progress; recover the previous gains that may have been impacted by the pandemic; and implement new actions to support the strategic outcomes. These established outcomes remain a critical element of the work of 'A Caring Dundee 2'. Carers and Stakeholders recommended some adjustment to the wording for A caring Dundee 2 and this has been reflected in the refreshed outcomes.



Further details about each of the strategic outcomes are set out in the next pages selection of the achievements is included at the top of each section to illustrate what has been done to contribute to the realisation of the outcomes. See Figures 6,7,8,9.




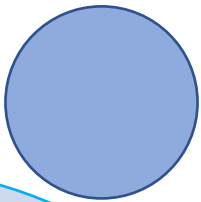
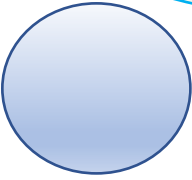
Working from home....is good...but ...my work was also a bit of respite so there are times I feel the pressure.
(Adult Carer During pandemic)



Taking part in the YC Statement ... made me feel listened to and valued as a carer. I know have methods in place to support me."
(Young Carer)



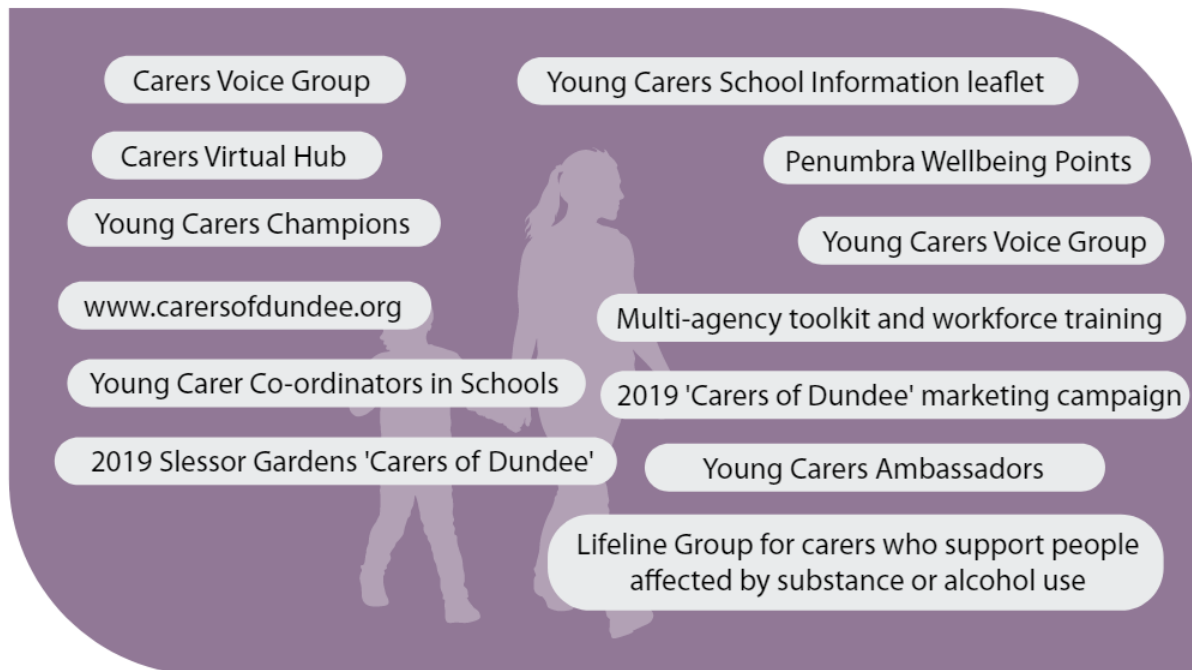
I realised that in Asian communities we care a lot about what others think of us and we care less about what we need for self -care. The group discussions... helped change my thoughts and feelings and I feel much better about myself now'
(Carer -Adult Carer -Bereavement Group)



"We don't ... do anything with the kids because of time restrictions ... and because there's so many of us it's always financially difficult to be able to do nice things
(Parent carers of child with Additional Support Needs)

Carer Strategic Outcome 1

I am able to be heard, recognised, acknowledged, respected and involved.



When the Vision has been realised

Carers will say that they have been identified and recognised; given a voice and feel listened to, heard, understood and respected and an equal partner in the planning and shaping services and supports. Carers will also say that they know and understand their rights as a Carer.

Ways the Vision be achieved.

The Vision will be achieved by:

- working with Carers and relevant agencies to find ways to identify Carers, thinking creatively and utilising best practice locally and nationally
- taking a proactive approach to Carer identification including the promotion and uptake of Adult Carer Support Plans and Young Carer Statements
- promoting partnership working with Carers, specifically in planning conversations with the person they care for including during hospital stays and discharge
- finding the best ways to ensure that people who aren't online can continue to access information and support in other ways
- finding ways of proactively identifying Carers and supported people and who can't access information on line to identifying resources and support to enable access
- continuing to have an information and advice service for Carers that is shaped by what Carers want and need to know and provided in ways that they identify as optimal
- continuing to provide and seek additional ways to ensure that relevant information and advice is available in a range of accessible formats

- undertaking targeted engagement work with Carers with similar types of caring roles to further understand, plan and design solutions to reduce the impact of caring
- working with Carers in co-productive ways to explore the best ways of Carers recognising their role and seeking support for this
- enhancing workforce learning opportunities regarding Carers matters and Carers priorities and opportunities to support Carers
- further developing Young Carer Ambassadors programme at Dundee & Angus College to beyond Secondary School
- working with Community Learning and Development colleagues to develop resources for youth groups in informal settings so Young Carers are more easily identified and supported in the community.

A Carers Story-‘T’

Young Carer Ambassadors are Young Carers who volunteer to support Carer Co-ordinators (Education Services Staff) in schools and Dundee Carers Centre link workers. Their aim is to raise awareness of Young Carers, the support that is available and how to access support in Secondary Schools across Dundee. There are currently **31** Young Carer Ambassadors in schools across Dundee participating in decision making and delivering workshops and support groups in their schools to other Young Carers. Most of these ambassadors have benefited from support as Carers and so want to give back and help their peers.

T is a Young Carer whose circumstances mirror those of many who are Ambassadors. T was identified as a Young Carer by their Guidance Teacher and referred to the Dundee Carers Centre Link worker for 1:1 support. T and their worker developed and worked on a personal outcome plan and when they had achieved their goals, and improved their confidence by participating in range of peer support groups and a residential, T identified they would like to help other Young Carers by becoming a Young Carer Ambassador. T takes a leadership role in particular by making newly identified Young Carers feel at ease in the peer support group run in partnership by the school and Carers Centre. Being an ambassador and taking on this role makes T feel proud.

Another Young Carer Ambassador captures the motivation of so many of our impressive Young Carers: *“Becoming a Young Carer Ambassador is important to me because I want to be able to help people and make people aware that there are people who are Young Carers in school but it’s nothing to be ashamed of.”* (Young Carer Ambassador)

I am supported to have the best possible caring experience.

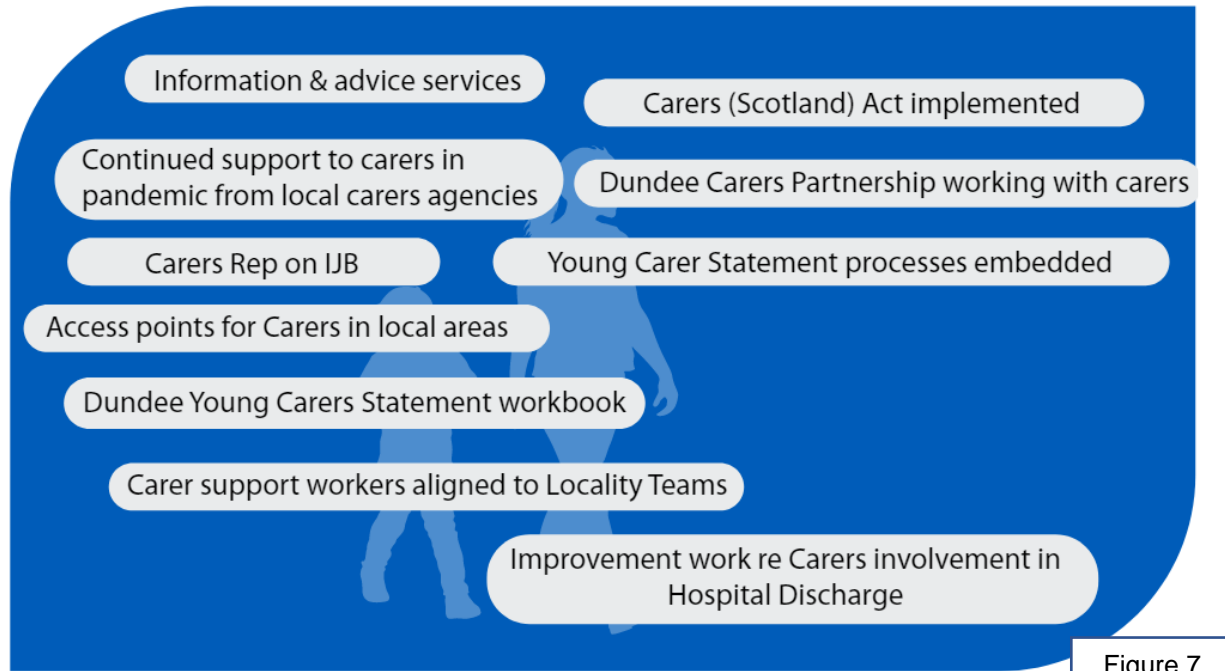


Figure 7

When the vision has been realised:

Carers will say that they have positive experiences of supports and services designed to support them and the person they care for. Carers will say that they feel services are well coordinated for them and the person they care for and they have access to the information and advice they need.

Ways the Vision be achieved.

The Vision will be achieved by:

- the Carers Partnership gathering information about other local developments and plans that have actions that intend to support Carers to feed into local Carers Strategy work
- recognising that face to face contact is a vital way of supporting Carers and should be maintained (within Covid-19 guidelines and in the longer term)
- Ensuring that activity is maintained to ensure that all Health and Social Care and associated workforce to remain alert for any possible critical concerns in caring situations and have pro-active conversations with Carers to ensure access to the supports and services they need now and in the longer term
- Support ways to ensure suitable and sufficient contingency arrangements are made if Health and Social care provision for Supported Persons ever has to be reduced again
- Ensuring that appropriate services and structures hear Carers feedback and concerns
- Promoting and supporting ways that formal services in local authorities and health give Carers and their families clear, timeous information about any service changes overall and individually

- Looking into the potential for a City-wide information campaign to enhance overall public awareness and knowledge of the City's current response to Covid-19 including any proposed changes, key information and access to local supports.

A Carers Story 'S'

S, an Adult Carer, was referred to the Carers Centre for support as they were experiencing pressures as a result of their caring role. Through developing a Personal Outcome plan S and the Development Worker identified that S was taking on a lot of responsibility for caring tasks that might be able to be reduced. It seemed possible that the person the Carer supported may be capable and able to access alternative supports that might help reduce the responsibilities of the Carer.

The Development Worker assisted S to discuss the impact the caring role was having on their health with their GP and to seek support for their own health & wellbeing. The worker also supported S and the supported person to meet with the Care Manager responsible for assessing and arranging the person's support. The three of them discussed the available support together, as well as the supported person's own capabilities. This reassured S that the social care supports in place were meeting the person's needs and S was able to take a step back and that the person they were looking after was more able than they had realised.

S recognised that communication with the Care Manager about the situation and managing their own anxiety about the needs and safety of the person they were looking after were key to being able to take a step back without 'feeling selfish'. S now feels that their relationship with the person they look after has improved and gone back to what it was before they had to take on additional caring responsibilities.

Carer Strategic Outcome 3

I can live a full and healthy life



Figure 7

When the Vision has been realised:

Carers will say that they have opportunities to lead a full and healthy life. This may include accessing supports to improve their health and wellbeing, financial security and identifying what is important to them and how they will achieve this.

Ways the Vision will be achieved.

The Vision will be achieved by:

- prioritising Carers Partnership resources to increase support and explore additional ways to enable Carers to improve and maintain their health and wellbeing
- working with the money advice sector to ensure that Carers know what their rights are, what information and advice is available and enhance access
- exploring action that might be taken to further understand and reduce the financial impacts on Carers and their families
- planning to work in partnership with the Fairness Commission to alert their members alerted to financial impacts on Carers and supported people and consider additional ways to supporting Carers affected by Health Inequalities and poverty
- explore additional ways to support Carers to talk about their emotional and mental wellbeing, and when needed receive counselling during caring and after the caring role ends
- provide ways to enhance health and wellbeing of Carers and Young Carers
- explore additional ways to support Carers who want to gain, maintain or return to employment

- continuing to implement the Carers Act in ways Dundee Carers identify as optimum.

A Carers Story 'G'

G is a Young Adult Carer who has benefited from the partnership work developed in the City by the Carers Centre with Secondary Schools and D&A College to support Young Adult Carers transition to College and maintain their place on their course.

G was identified as a Young Carer by their School Guidance Team and attended the Carers Group run jointly by the school and Dundee Carers Centre. G benefited from transition workshops, activities and support run in partnership by the Student Support Team at the College and the Carers Centre – which continued to be provided online during the COVID-19 Pandemic.

G has maintained their College Place and continues to receive support via the College Carers Group run in partnership by the Student Support Team and Dundee Carers Centre. G has been able to access a range of supports including the Attainment Challenge, Young Scot Young Carers Package and is now training to become a Carer Ambassador at College. The Student Support Team have also been able to organise additional placement opportunities relevant for G's studies. G is also involved as a volunteer with a National Carers Organisation and is involved in a range of national opportunities.

G's busy life includes an increasing caring role, a College Course, a part-time job and multiple volunteering roles. G was not identified as a Carer until 6th Year at school but has had a caring role since primary school and is passionate about becoming involved to make sure that other Carers are identified and receive support as early as possible.

Carer Strategic Outcome 4

I can have a life of my own and caring is part of it



When the Vision has been realised:

Carers will say that they have a good balance between caring and other things in their life and have choices about caring. Carers will say that they are able to spend enough time with people and activities they want to do and are able to continue in the caring role if they wish to do so

Ways the Vision will be achieved.

The Vision will be achieved by:

- continuing to involve Carers and their families in COVID recovery planning
- Health and Social Care Partnership and Children and Families Service resuming supports and services for day support and respite care and considering alternative ways of providing support that may have arisen during Pandemic
- exploring ways to work with more employers Including using Local Carers Charter to facilitate support to employees in a caring role, offering flexible working arrangements
- continuing to explore how best to utilise Adult Carer Support Plans to provide planned support to Carers, based on the Carer's identified needs which meet the local eligibility criteria
- Initiating additional work to increase the appropriate uptake of Adult Carer Support Plans by planned improvement to the process and systems
- develop the use of self-directed support options which enable Adult Carers who meet eligibility criteria and need this support to achieve their outcomes
- co-working with Carers on Adult Carer Support Plan process including consideration of Pre-assessment information booklet/checklist for Carers

- enhancing ways that support can be provided in the form of a break from caring including breaks provided on a planned basis
- Carers Partnership contributing to finding the best ways to provide information about Short Breaks and services that support a Carer to have a break by caring for the supported persons
- consideration by the Carers Partnership how make recommendations on to best to utilise the review of the Local Authority Short Breaks Services Statement to identify specific requirements for specific groups, identify barriers and solutions to enhance access and provision
- consideration to be given by Carers Partnership of possible need for additional/enhanced Advocacy support for Carers and what form this additional support needs to be in form of e.g. Independent Advocacy; Collective advocacy; Peer support; etc.

A Carers Story 'A'

A is an Adult Carer with a long-term caring role for multiple family members and their own health has deteriorated. A received support from the Carers Centre developing a Personal Outcome Plan which focussed on their own needs and goals. A felt they needed a safe space to talk and find more things to do and get involved in as they felt they had become socially isolated.

The Development Worker supported A with practical strategies to keep track of the groups and activities they wanted to participate in – some organised by the Carers Centre and some general community groups in A's local area so they would be able to attend more regularly.

Focussing on what A could do, rather than what they couldn't do due to their health issues, the Development Worker and A identified that they had real empathy for other Carers and lots of experience to share. A became a volunteer with the Carers Centre and supported other Carers attending groups which has given A new found confidence. Attending the groups makes A feeling refreshed and energised rather than downbeat and is able to manage their own health and wellbeing much better.

Monitoring Future Progress

The Dundee Carers Partnership is a multi-agency group with the key aim of improving outcomes for Carers and Young Carers in Dundee. This Partnership provides a mechanism to ensure agencies across the city work together along with local Carers to collectively achieve the vision and strategic outcomes for Carers. Future progress will be monitored through this group will meet several times per year to develop, implement, and review in the spirit of co-production. The Carers Partnership has wide representation from across Dundee Health and Social Care Partnership (DHSCP), Dundee City Council Children & Families, the voluntary sector, community organisations and Carer representatives. Working in partnership with Carers is central to the practice of the Partnership and to delivering consistent focus on outcomes. The Carers Partnership reports to DHSCP Integrated Strategic Planning Advisory Group. The DHSCP Strategic Planning Advisory Group reports to the Dundee Integration Joint Board.

A Delivery Plan will be developed for A Caring Dundee 2 which includes the planned actions to deliver the Strategic Outcomes, and how success will be measured. lives alongside caring". The Carers Partnership expect to evaluate progress on an annual basis using the measures of success identified in Delivery Plan. It is anticipated that the Carers Partnership Performance Report will continue to be produced every 2 years and that Performance Information about working with Carers will be included in the Dundee Health and Social Care Partnership Annual Performance report.

This Strategy will be formally reviewed after three years. The Carers of Dundee web pages will continue to feature and update information for Carers, those they care for and professionals and will continue to have training and learning opportunities for Carers and professionals to learn together. We will continue to develop our performance reporting and governance and accountability mechanisms.

Next Steps

- ❖ Develop A Caring Dundee 2 Delivery Plan with Carers including measures of success
- ❖ Provide accessible information about A Caring Dundee 2 and the Delivery Plan (including consideration of a Short Video)
- ❖ Monitor outcomes of implementation of A Caring Dundee 2 and plan responses to any new information that arises as a result of this
- ❖ Ensure that we respond promptly and effectively to significant local and National events that affect carers situation and circumstances
- ❖ Continue to implement the Carers (Scotland) Act 2016
- ❖ Develop and enhance ways to support Carers' health and wellbeing and help make caring more sustainable
- ❖ Fund, implement and monitor actions developed as part of response to Covid 19 Engagement Recommendations
- ❖ Produce Accessible Short Breaks Services Statement and review as required by legislation.

Background and Reference Information

The Carers (Scotland) Act 2016

<http://www.legislation.gov.uk/asp/2016/9/contents/enacted>

A Caring Dundee 2017-2020

<https://www.dundeehscp.com/our-publications/news-matters/caring-dundee#:~:text=A%20Caring%20Dundee%20was%20launched,supporting%20people%20they%20care%20for.>

Getting It Right For Every Child (GIRFEC)

<https://www.dundeeprotectschildren.co.uk/getting-it-right-every-child>

Equal Partners in Care Core Principles- The Knowledge Network

<http://www.ssks.org.uk/topics/equal-partners-in-care/core-principles.aspx>

What's Best for Dundee Carers Report 2017

<https://www.dundeehscp.com/publications/whats-best-dundee-carers-report-carers-scotland-act-2016-implementation-pilot-project>

Dundee Short Breaks Services Information

<https://www.dundeehscp.com/our-publications/news-matters/short-breaks-services-statement#:~:text=In%20Dundee%20we%20are%20committed,they%20wish%20to%20do%20so.>

Tayside Plan for Children, Young People and Families

http://www.dundee.gov.uk/sites/default/files/publications/Tayside_Plan_Final.pdf

Tayside Children's Collaborative

www.taycollab.org.uk/

The Promise Scotland

<https://thepromise.scot/>

Dundee Children and Families Committee – regular update reports regarding Young Carers

https://www.dundee.gov.uk/minutes/meetings?in_cc=178&in_dat=2

Dundee Integration Joint Board- regular update reports about Carers including Investment

Plan updates <https://www.dundeehscp.com/publications/ijb>

Dundee Health and Social Care Partnership Strategic Commissioning Plan 2019-2022.

<https://www.dundeehscp.com/our-publications/news-matters/dundee-health-and-social-care-partnership-strategic-and-commissioning>

Dundee Carers Covid Engagement Report

<https://carersofdundee.org/workforce/carers-partnership/#report>

Social Care (Self-Directed Support) Scotland Act 2013

<https://www.legislation.gov.uk/asp/2013/1/contents/enacted>