

#### **4 HEALTHY WORKING LIVES AWARDS (AN185-2009)**

Scotland's Health at Work (SHAW) was set up in September 1996. The Social Work Department achieved their Bronze SHAW Award in June 2004 and their Silver SHAW Award in April 2006. The scheme was re-launched as Healthy Working Lives (HWL) on April 2007 which meant the Social Work Department had to consolidate their previously achieved awards in order to achieve HWL awards. The HWL programme supports employers and employees in health promotion and safety themes in the workplace.

Work has been increased since January 2009 to consolidate both the Bronze and Silver Healthy Working Lives Awards. The Department was awarded the Bronze Award on 25th March, 2009 at the local Healthy Working Lives Award Ceremony and secured the Silver Healthy Working Lives Award on 16th June, 2009.

The consolidation of the Silver Award included work on:-

- preventing accidents in the workplace;
- lifestyle checks for staff;
- mental wellbeing in the workplace;
- statements of intent on healthy eating and physical activity.

Many of the activities are ongoing across the year, including health fayres, lifestyle checks and information on a variety of health issues. Currently the Department also has individuals and groups of staff involved in jogging, hill walking and badminton which are out with working hours.

The aim is to achieve the Gold Healthy Working Lives Award by the end of 2009. In order to achieve this, work is underway across the Department in relation to a three year strategy which will incorporate our current annual action plan and annual report. The Strategy will go before the Social Work and Health Committee for approval. The Department will be working on specific areas including health promotion, employability, mental health and wellbeing and health and the environment.