

VETERANS SUPPORT

A QUICK
GUIDE TO
KEY CONTACTS
IN DUNDEE
FOR PEOPLE
LEAVING THE
ARMED FORCES



**ARMED FORCES
COVENANT**

Dundee
City Council
www.dundee.gov.uk
**CHANGING
FOR THE FUTURE**



Dundee City Council has adopted the Armed Forces Community Covenant to show our support for military personnel, veterans and their families.

This quick guide is intended as a handy reference to some of the key sources of information to help the transition to civilian life in Dundee.

For more details, and more local and national contacts, visit our website:
www.dundee.gov.uk/veterans





For advice on your **HOUSING** options, including renting from the Council, Housing Associations or private landlords visit:

www.dundeeccity.gov.uk/housingoptions

Tel: 0800 633 5843 or 01382 432001



To find out about **HEALTH** services visit:

www.nhstayside.scot.nhs.uk and click on "Your Local Services"

Tel: 01382 424179 Email: primarycareservices.tayside@nhs.net

You can also get health information from www.nhs24.com and www.nhsinform.co.uk.

For general information on health and wellbeing visit:

www.dundeeccity.gov.uk/mywellbeing



Discover Work Service can help finding **JOBS** or accessing **EDUCATION and TRAINING**. Visit:

www.dundeeccity.gov.uk/discoverwork

Tel: 01382 434460

Dundee Jobcentre - www.gov.uk/jobsearch - Tel: 0845 604 3719



For assistance with **BENEFITS, TAX CREDITS or MONEY/DEBT** advice from the Council's **Welfare Rights Team** visit:

www.dundeeccity.gov.uk/socialwork/welfare/rights

Tel: 01382 431167

Advice is also available from the **Armed Services Advice Project**

Tel: 01382 307486 - www.asapadvice.org.uk

Download the **Money Worries** app to your smartphone (search for Money Worries at Apple's App Store or Google's Playstore)

Veterans Welfare Service, Veterans UK supports those injured in service with compensation claims/reviews and benefit/welfare advice for all ex-service personnel.

Tel 0141 224 2709

email: Veterans-UK-vws-Scot-NI@mod.uk

Service Pension Queries: 0800 085 3600

Veterans UK Helpline: 0808 1914218



For support from **VETERANS WITH EXPERIENCE OF MILITARY LIFE:**

Veterans First Point

Tel: 01382 424029

Email: vfp.tayside@nhs.net

SSAFA at Oliver Barracks

Dalkeith Road, Dundee. Tel: 01382 452808

Combat Stress: 24 hour helpline 0800 138 1618