

## **EXAMPLES OF PROMISES**

### **EXAMPLE 1**

#### **1st Partner**

(name), I promise to trust you and honour you  
I will laugh with you and cry with you  
I will love you faithfully  
Through the best and worst  
Through the difficult and the easy  
What may come I promise that I will always be there  
As I give you my hand to hold.  
So I give you my life to keep

#### **2nd Partner**

(name), I promise to laugh with you and cry with you  
I promise to love you in good times and bad  
When life seems easy and when it seems hard  
When our love is simple or when it needs a bit of effort.  
This is my promise to you today and for the rest of my life.

### **EXAMPLE 2**

#### **1st Partner**

*I promise to give you the best of myself and ask of you no more than I can give.*

#### **2nd Partner**

*I promise to respect you as your own person and to realise that your interests, desires and needs are no less important than my own.*

#### **1st Partner**

*I promise to share with you my time and to bring you joy, strength and imagination to our relationship.*

#### **2nd Partner**

*I promise to keep myself open to you, to let you see through the window of my world into my innermost fears and feelings, secrets and dreams.*

#### **1st Partner**

*I promise to grow along with you, to be willing to face changes in order to keep our relationship alive and exciting.*

#### **2nd Partner**

*I promise to love you in good times and bad, with all that I have to give and all I feel inside the only way I know how.*

#### **Both Partners**

*Completely and forever!!*

**EXAMPLE 3 (reference to children)**

***1st Partner***

Today (bride's name), I ask you to be my partner. To be loving, tolerant and loyal, supporting me in life. I ask that you vow to do your best for our relationship, for the children and for our lives together. Will you promise this?

***2nd Partner***

I will.

And I ask you, (name of 1st Partner) to be my partner. To be devoted and faithful, loving and supporting me and working for the good of our relationship and our family (optional).

Will you promise me this?

**EXAMPLE 4**

***1st Partner***

(name of 2nd Partner), I will cherish our friendship,  
I love you today, tomorrow and forever,  
I will laugh with you and cry with you,  
I will love you through the best and the worst,  
Through the difficult and the easy,  
Come what may, I will always be there.

***2nd Partner***

(name of 1st partner), I will trust you and honour you,  
I will love you faithfully,  
I will help you when you need help,  
I will turn to you when I need help,  
As we face the future together,  
I promise to stand by your side,  
I choose you as the person with whom I will spend  
the rest of my life.

## EXAMPLE 5

### Registrar

(names of couple), before I ask you to exchange your vows,

can I ask you to make your promises to each other?

(name of 1st Partner), do you promise to be a devoted, faithful and loving partner,  
always supporting (name of 2nd Partner) in life and working for the best in your relationship?

### 1st Partner

I do (or I will)

### Registrar

(name of 2nd Partner), do you promise to be a loving, tolerant and loyal partner,  
always supporting (name of 1st Partner) in life and working for the best in your relationship?

### 2nd Partner

I do (or I will)

## EXAMPLE 6

### Registrar to each partner in turn

Do you (name), take (name) to be your partner, to love, honour and cherish from this day forth?

### *Each Partner*

I do (or I will)

## **EXAMPLE 7**

### ***1st Partner***

I (name of 1st partner) ask you (name of 2nd partner)  
To be my partner in life  
And to be my one true love  
I will trust and honour you  
I will laugh and cry with you  
And love you today, tomorrow and forever  
I pledge that I will be a loving a devoted partner to you  
And also a devoted parent to (name of children - optional)  
This is my promise to you

### ***2nd Partner***

I (name of 2nd Partner) ask you (name of 1st partner)  
To be my partner in life  
And to be my one true love  
I pledge that from this day forward  
I will trust, cherish and honour you  
I will always be there for you  
To bring happiness and laughter to our marriage  
To share the good and the bad parts of life together  
This is my promise to you

## **EXAMPLE 8**

In front of these witnesses present  
I (name) promise to love, honour and respect you (name)  
I promise to be a faithful, honest and devoted partner to you  
In good times and bad  
As long as we both shall live

## **EXAMPLE 9**

### ***Registrar to Each Partner***

(Name) will you take (name) to be your partner? Will you love him / her, comfort her, honour and protect him/her and forsaking all others be faithful to him/her as long as you both shall live?

### ***Each Partner***

I Will

## **EXAMPLE 10**

### ***1st Partner***

(name of 2nd Partner) as your partner  
I promise that I will love you today, tomorrow and forever  
I promise to trust you  
Honour you  
And be patient with you  
I will help you when you need help  
And I will turn to you when I need help  
As I take your name  
I give you my heart and love

### ***2nd Partner***

(name of 1st Partner, as your partner  
I promise that I will love you today tomorrow and forever  
I promise to love you through the best and the worst  
I will appreciate you for the special person you are  
I will be there for you when you need me  
As you take my name  
I give you my heart and my love

### EXAMPLE 11

I promise to love you  
as long as the sun rises at dawn each day.  
I promise to love you  
as long as you smile at me in your special way.  
I promise to give you some time on your own  
so to your own self be true.  
I promise to give you  
my help and support always, in all that you do.  
This is the start of another  
Tried and Tested 'Promises' verse.  
You're my partner, my lover, my soulmate.  
So this promise comes right from the heart.  
My love will always be with you  
if ever we are apart.

### EXAMPLE 12

(name) I am proud to marry you this day.  
My love for you is endless and eternal.  
I vow to wipe away your tears with my laughter,  
and your pain with my caring and my compassion.  
We will wipe out the old canvases of our lives,  
and let love fill them with new colour, harmony and beauty.  
I vow to honour you, believe in you, protect you,  
and do everything in my power to make your life happy and fulfilled without reservation.  
I give myself to you completely,  
and I promise to love you always,  
from this day forth.

### EXAMPLE 13

#### Registrar

Do you (name of 1st Partner) take (name of 2nd Partner) to be your partner? Do you promise to be loving tolerant and loyal, always supporting (name) in life. Do you promise to strive to do the best for your relationship, for the children (optional) and for your lives together as a family (optional)?

"I DO"

Do you (name of 2nd Partner) take (name of 1st Partner) to be your partner? Do you promise to be devoted, faithful and loving, always supporting (name) in life. Do you promise to strive to do the best for your relationship and your family (optional)?

"I DO"

### EXAMPLE 14

As I stand before you, on this, our special day  
To pledge my love and loyalty and friendship all the way  
To the life that's gone before us and what has yet to start  
I'm here to share these moments with you  
here in my heart  
I will nurture you and care for you,  
be your guide, supporter and lover  
But does that mean  
I also have to take along your mother? ( only joking)  
Because of you, I laugh , I smile,  
and I dare to dream once more  
I will make our differences short & sweet  
and will not slam the door.  
I give you my heart, my soul, my life, my everything is you  
And I am glad to be your wife, by saying now, " I DO".

**HUMOUROUS PROMISES**  
**EXAMPLES OF SOME PROMISES COUPLES HAVE USED**

**EXAMPLE 1**

Groom

(Name) do you promise to trust and honour (Name)

I Do

Will you laugh with her and cry with her

I Do

Will you love her faithfully through richer or poorer

I Do

Even when she return from Matalan with 3 more bags of shopping

I Do

What may come, do you promise that you will always be there

I Do

Bride

(Name) do you promise to think of (Name) every minute of every hour

I Do

Do you promise to bring him happiness throughout your marriage

I Do

Do you promise to listen to every word that he says

I Do

And ignore most of what he says

I Do

Do you promise not to kick him in the legs so hard when he snores at night

I Do

What may come, do you promise that you will always be there

I Do



## EXAMPLE 2

### Groom

I promise to care for you in sickness and in health ....  
Unless it is self inflicted and 2 o'clock in the morning!  
I promise not to nudge you too hard when you are snoring  
I promise to let you in after a night out with the ladies  
I promise to care for your prize collection of fuzzy wigs  
I promise to understand you .....even when I don't  
And to admit that I am in the wrong  
when I mistakenly think that I am in the right  
I promise to bring you flowers at least once a week  
Oh ..... and to love you .....  
today, tomorrow and forever

### Bride

I promise to learn to cook something  
other than baked beans on toast  
I promise not to hog the bathroom  
and use all the hot water  
I promise never to ask  
"Does my bum look big in this"  
and expect an honest answer  
I promise to only buy one pair of shoes a month  
And to accept all your bad habits as being what makes you as loveable as you are

### EXAMPLE 3

#### Groom

I promise not to say your bum looks like a halibut  
I promise that when you are walking up the stairs in front of me to stop saying "Half Moon, Full Moon"  
I promise to try and like your singing when you sing on the karaoke  
I promise to still give you cuddles every day  
I promise to take you to a hot country at least twice a year  
And the best bits that I love about you are the silly things that you say and do  
That make me laugh so much

#### Bride

I promise to still give you breakfast in bed on our days off  
I promise to buy only 1 pair of shoes and one handbag a month  
I promise to try and not sing Dundee United songs when I'm a little bit merry  
I promise that I will spend tonight with you in the Queens Hotel and not go to the Bond with the bridesmaids  
And the most important of all is that I accept all your bad habits as these are what make you so loveable to me

### EXAMPLE 4

#### Groom

Do you promise that you will never complain about sharing your bed with Stan and Ollie? (the cats)  
I DO  
Do you promise to always put (name of bride) first, even when England are playing?  
Do you promise to avoid conversing with (name of bride)  
when Emmerdale, Eastenders, Holyoaks or Corrie is on the telly?  
And most important of all. Do you promise to always accept that (name of bride) is in the right,  
even when she is obviously in the wrong?

#### Bride

Do you promise that you will make (name of groom) bacon sarnies every weekend?  
I DO  
Do you promise to restrict yourself to buying only one pair of shoes per month?  
Do you promise that you will never put the viedo of (name of groom)  
body popping in the kitchen on YOU TUBE?  
And most important of all.  
Do you promise to continue to love all the silly things that (name of groom) does and says?  
As these are the things that make him the person whom you love.

## EXAMPLE 5

### GROOM

(name), do you promise to care for (name) in sickness and in health?

I DO etc

Unless it is self inflicted and 3 o'clock in the morning?

Do you promise not to dump your clothes down the side of the bed

And use it as a walk on wardrobe?

Do you promise to say that you understand (name)?

Even when you don't?

And to admit that you are in the wrong?

When you mistakenly think that you are in the right?

Do you promise to let (name) sleep in on a Sunday?

And take her to at least 2 Newcastle Utd games each season?

### BRIDE

(name) do you promise to learn how to burn

(name's) Lorne sausage and bacon on a Sunday morning?

Do you promise to listen to every word he says?

And understand that when he says no he means yes?

Do you promise to go to a Celtic game with (name) at least once per season?

Do you promise not to speak to (name) when the football is on?

And most importantly of all do you accept (name) with all his bad habits

As these are what makes him so loveable to you.

And do you promise to love him today, tomorrow

and for the rest of your lives?